
COVID-19 Update: Common Cup Suspended

A message from the Diocese:

We have been closely monitoring the spread of COVID-19. While the Public Health Agency of Canada continues to assess the risk associated with this virus as low, there has now been a confirmed travel-related case within our diocesan boundaries.

In light of this, Bishop Susan Bell has made the decision to suspend the sharing of the common cup at celebrations of the Eucharist, effective immediately. Priests are to consecrate both the bread and the wine, and to consume in both kinds, but to administer only the Body of Christ to the congregation. This is in keeping with the Church's longstanding teaching is that it is sufficient to receive communion in one kind.

In addition to the liturgical hygiene measures announced last week, which include a contact-free exchange of the peace, the Bishop is also asking parishes to receive offerings from a stationary location, rather than passing a plate, and counters are asked to be diligent in the washing of their hands.

While these liturgical customs are very important to us, out of an abundance of caution, the Bishop feels that it is important to change our practices until further notice. Together, these efforts will help ensure the wellbeing of our communities and those we serve.

Bishop Susan asks for your continued prayers for all who are ill with this virus, for their caregivers, and for healthcare workers and researchers working to limit the virus' spread.

GOOD TO KNOW:



LENTEN SERIES WITH BISHOP SUSAN BELL

Thursdays evening, starting at 7pm. Ends March 26

Join Bishop Susan Bell for a 5-week Lenten series where we'll be invited to discuss questions like:

What is the Christian faith?

What is the Good News and how it relates to my life? What is prayer?

What is community and how does it relate to the Eucharist?

Location: right here at Incarnation!



Easter Decor Envelopes

Envelopes are available at the host desk. Please consider donating in honour of a loved one to help us purchase the Easter flowers to adorn our worship space.

We will remember our loved ones on Easter Sunday.

Counters: Please make sure to leave a copy of the names on Margot's desk.



Defying Gravity with Quartetto Gelato

Saturday March 28 at 8 p.m. St. Jude's Anglican Church

Virtuosic showpieces, operatic arias and gypsy ballads, performed with wit, artistry and infectious enthusiasm by one of Canada's favourite ensembles.

\$30 General Admission

Call 905-844-3972 or purchase online <http://oakvilleconcerts.com/>



Incarnation Choir Rehearsals

The Incarnation Choir meets on Wednesdays at 7:15 for rehearsal. We are a friendly group and would love to have more singers join us. You do not need to have vast musical experience!

If you are interested in more information about the Incarnation Choir, please contact Charlene at charlene@charlenepauls.com.



Wing and a Prayer – March 26

We meet at 6:30pm at Monaghan's. For more information, please contact Keith Lockhart (keith.a.lockhart@gmail.com)

COMMUNITY NEWS



Bishop Susan Bell commentary

[An open letter to the people of Niagara](#) via *Niagara Anglican*



Check the bulletin board for more information about these Ministries

Children, Youth and Family Ministry 2020

Please see the bulletin board for a poster detailing the outstanding programs being offered by the diocese this year.

Niagara In Action

Saturday, September 26, 2020, in the Hamilton area. This is an opportunity to take your passion for social justice out into the community. Choose an issue and spend a day with a small group to explore its impacts and learn how to partner with people to make a difference.

Youth Leadership Training Program March 15-18, 2020

This is a 3-year, March break program for young people. They will learn to equip themselves to take a leadership role in their Parishes and communities.



The Anglican Church of Canada

A Selection of articles provided by the Anglican Church of Canada

[Listen to Lenten Gospels](#) new podcast each week via PWRDF

[Women's World Day of Prayer will draw millions together for healing message](#) via *World Council of Churches*

[From church to office: How Canadian workplaces may become the new temples for generosity](#)

THIS & THAT



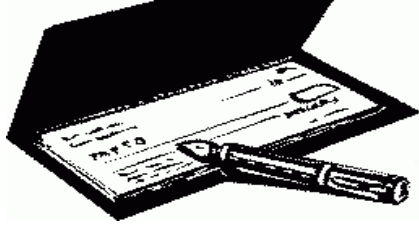
Milk Bag Collection – Project update!

We're still collecting Milk bags for the kids at Ellengale Public School



Address Change?

Have you moved recently?
Don't forget to send your new mailing address to the office.



Make Cheques Payable to:

Thanks to everyone who donates using cheques! Please remember to make the cheque payable to *Church of the Incarnation*.

Other variations of our name cause questions at the bank...

LOOKING TO VOLUNTEER?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested.



SCHEDULE	March 15	March 22
Bread Making	J. Vanderwater	Freezer bread
Altar Prep	Smith/Bird	V. Moniuk
Coffee 1	L. Hickey	J. Vanderwater
Coffee 2	Macdougall	Stevens
Host 1	P. Moffat	D. Bold
Host 2	J. Smith	B. Abrams
Clicker	L. Da Ponte	P. Moffat
Reader 1	B. Abrams	B. Hanna-Morrison
Gospel	V. Moniuk	L. Hickey
Prayers	L. Hickey	P. Mitton
Server 1	P. Moffat	L. Hickey
Server 2	L. Hickey	S. Williams
Wine Cups	B. Abrams	T. Williams
WSRF	V. Moniuk	E. De Luca
Counting	M. Morrison	P. Moffat

Thanks to all of you who update the master copy in the office – very helpful for me! The new schedule is available!

[**Download the March/April 2020 schedule here**](#)

There is a limited number of printed copies available in the office