



RAIN GARDEN

Oakville Green and Greening Sacred Spaces has chosen Incarnation as one of 4 locations in Halton to receive a Rain Garden free of charge, in recognition of all that our community is doing for the environment. This garden will be developed on the right side of the parking lot entrance (from Milton St,) directly in front of the storm drain.

We need your help!!

Thursday, June 13 at 6:30 for a couple hours

This installation will require about 15 volunteers from Inca to assist the folks from Oakville Green. Sign up sheets are available on Sunday or please contact the office at office@incarnationchurc.ca

Bring shovels and gloves

What is a Rain Garden?

A Rain Garden is a shallow depression in a yard, planted with a variety of deep-rooted native flowers, shrubs and grasses that "don't mind getting their feet wet". The garden is designed to collect and hold rainwater from downspouts, driveways, and sidewalks for a short

time, allowing the water to slowly seep back into the ground. When planted with the right types of plants, rain gardens also attract birds, butterflies and other wildlife.

How Do Rain Gardens Work?

A Rain Garden receives water from impervious (hard) surfaces such as rooftops, sidewalks, driveways and patios. The shallow depression of the garden holds the water so it can slowly infiltrate back into the soil as the plants, mulch and soil naturally remove pollutants from the runoff. Many pollutants will be filtered out and break down in the soil over time. By capturing storm water, Rain Gardens reduce the amount of runoff pollutants collected and flowing into storm drains and out to our nearby streams, rivers and lakes.

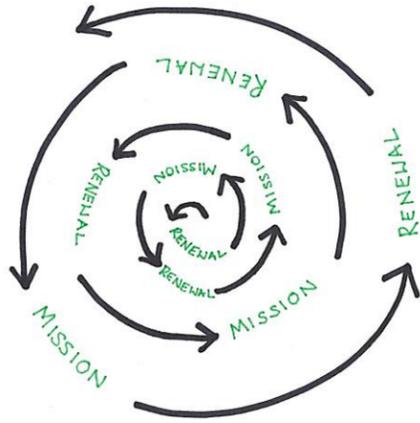
GOOD TO KNOW:



Food Drive to help the homeless

Yes, there are homeless people in Halton. And yes, the number increases each year. People struggling to secure affordable housing, and those who live in shelters (currently at 90% capacity in Oakville!) depend on food banks to make ends meet. And Food Banks need our help.

Olivia Jenkins, and 2 other Abbey Park students will be hosting a food drive throughout the month of May. Please bring a non-perishable food item and put it in the bins provided. Many thanks.



Your input is valuable and requested

Bishop Susan has been sketching the outlines of a new vision over the past 12 months, and invites you to infuse this outline with the colours and shapes of the Spirit at work in all our lives. Plan to participate in the inclusive gatherings to share your hopes, aspirations and dreams for renewal and mission in your parish and the diocese! This open forum discernment process, facilitated by Martha Asselin from M&M International, a faith-based consulting firm, is for everyone who wants to give voice to their thoughts and experiences, and to listen as others share their perspectives.

The Hamilton-Haldimand and Trafalgar Regions will meet

- **May 22; 7:00pm** –at St. Luke’s, Palermo, 3114 Dundas St. W.

Please contact Michael and let him know if you are interested



Outdoor Spring Clean up at Incarnation

Saturday 11 May from 10AM to 4PM.

This will be primarily an outdoor exercise so anyone with garden tools would be helpful. Also any exterior window cleaning pails and squeegees would be welcome. Pizza and beverages will be provided. Also looking for someone with a trailer and hitch to help us haul a few bulky items to the dump.

Bible Study



BIBLE STUDY: The Gospel of John: Chapter 6

Thursdays until May 20 for 5 weeks, 1:30-3pm in the chapel

The sixth chapter of the Gospel of John is one of the most challenging and important chapters in the whole New Testament. It includes the descriptions of Jesus feeding the five thousand and his walking on the water of Lake Galilee. What are Christians today to make of these events, claims and challenge?

Dr. Mervyn Russell will be leading a bible study on this chapter. If you have never taken part in a bible study, come and try it. We are all learners. Study guides will be available by April 26th, either on line at forsythe1003@gmail.com or from the church office.

Christmas Market

NOW ACCEPTING DONATIONS

Spring cleaning? We’re looking suitable donations for our Trinkets and Treasures, and jewellery tables, as well as small, quality items for our baskets.

You can bring your donations to the office.



Incarnation Choir Rehearsals Wednesdays at 7:15

The Incarnation Choir meets on Wednesdays for rehearsal. We are a friendly group and would love to have more singers join us. You do not need to have vast musical experience!

If you are interested in more information about the Incarnation Choir, please contact Charlene at charlene@charlenepauls.com.



Wing and a Prayer – May 23

We meet at 6:30pm at Monaghan’s. Cost: \$30 per person including food and drink. RSVP Keith Lockhart at keith.lockhart@stockton-ag.com . Everyone is welcome!

COMMUNITY NEWS



Tuesdays, 7-9 St. Luke, Burlington
Thursdays, 7-9 at Incarnation

ROAD Youth Recovery

ROAD is a peer-support group created and led by youth, for youth. It is a recovery support group for individuals 16 – 29 dealing with mental illness and/ or substance abuse challenges. About the group:

- Drop-in, New members can join at any time
- ROAD encourages volunteer participation in 4 yearly community events
- ROAD offers monthly recreational activities, community outings and workshops
- ROAD is a maintenance program, and your membership never expires

For information, please contact Rebecca Taube at rtaube@jif.to or visit their website www.roadyouthrecovery.ca



RUN 4 LIGHTHOUSE

**Run 4 Lighthouse
Saturday, June 1st, Lions Valley Park**

Adjusting to life after a death is hard to understand, impossible to imagine. With the help of donations like yours, the safe space at Lighthouse gives children and their families the security to express themselves, to have their feelings accepted, validated and to build hope for their future.

Participate in the Run4LH 5kn run/walk to raise funds to support their important programs.

[To learn more, or register to participate click here.](#)

THIS & THAT



Milk Bag Collection

We're still collecting Milk bags for the kids at Ellengale Public School



Denise Bold and Graham Hughes

Graham and Denise met in Toronto, only to find out that not only had they both been born in England, but they had been born in towns only 23 miles apart!

LOOKING TO VOLUNTEER?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. Youth can gain volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested.

SCHEDULE	May 12	May 19
Bread Making	J. Lockhart	A. Moniuk
Altar Prep	V. Moniuk	B. Hanna-Morrison
Coffee 1	Chown	P. Moffat
Coffee 2	B. Saunders	J. Smith
Host 1	P. Moffat	D. Anderson
Host 2	J. Smith	W. Macdougall
Clicker	P. Moffat	J. Smith
Reader 1	D. Bold	G. Hughes
Gospel	W. Macdougall	B. Gowing
Prayers	D. Wieler	S. Curran
Server 1	P. Russell	P. Moffat
Server 2	L. Hickey	A. Moniuk
Wine Cups	C. Boulert	N. Aligwekwe
WSRF	M. Morrison	V. Moniuk
Counting	G. Hughes	J. Stevens

Thanks to all of you who update the master copy in the office – very helpful for me! The new schedule is available!

[Download the MAY/JUNE schedule here](#)