
Halloween Sunday!



Please join us in your finest costume this Sunday for our annual Halloween service, and stay for our potluck chili lunch.

For those donating their award-winning chili, please bring it to the kitchen before worship begins. Any leftovers will be donated to the Christmas Market café. Thank you.



As a bonus, we'll be entertained at noon by a performance of the Music Mosaic group, an inter-generational and multicultural music ensemble, that's been meeting over the last 6 weeks.

Breaking News: this initiative has been nominated for a YMCA Peace Award!

GOOD TO KNOW:



Call for help

A member of the Incarnation community experienced a fire in her apartment. She received an emergency grant to help with clothing and personal items, however, she is staying in a hotel with no kitchenette which means she is reliant on restaurants and take-out.

We are accepting donations of gift cards for Tim's, Swiss Chalet, MacDonald's and grocery stores or similar (she and her son are staying at the Holiday Inn on Argus) to help her get through the next few weeks.

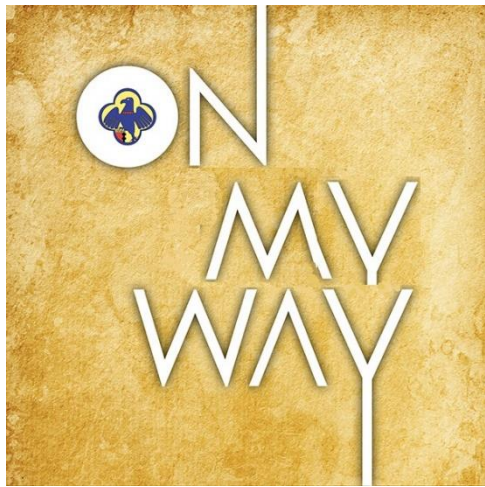
Once she learns where she will be staying long-term, we'll put out a call for home furnishings. Many thanks for your kindness.



Dates to Remember:

Sunday, November 4 - All Saints Sunday

Sunday, December 16 - A Dramatic Reading of A Christmas Carol



ON MY WAY: Faith at Work

Over the next few months we will be offering 4 evenings of education, exploration and dialogue for people to explore the role of faith in their life. How does one's faith/spirituality intersect with your everyday existence? Does faith inform the way you behave; how you work, how you make decisions or how you engage with family and friends? There will be a keynote speaker for each of these sessions and then an opportunity for small group discussion as well as a question and answer period. Each session begins at 7 pm and concludes at 9 pm.

Thursday Nov. 22th

Michael Coren- author, public speaker, radio host and television talk show host

Thursday January 17th,

Cheri DiNovo is a United Church of Canada minister and former MPP in Ontario



2018 Christmas Cards

This year, as PWRDF marks 60 years, they have eight ways to celebrate the season with your loved ones. Packs of 12 Christmas cards and envelopes are available in 8 beautiful designs. [Click here to view the cards and order online!](#)

World of Gifts Catalogue

Our online guide allows you to support our partners by purchasing items of need for their programs. [Click here to browse the World of Gifts catalogue](#)



Kundalini Yoga – new series continues each Sunday, 7pm

In a hectic, chaotic world, take time to go inside and experience something new. [Kundalini Yoga](#) is sometimes referred to as the Yoga of Awareness. We begin with breathing exercises and then a kriya (exercise set), followed by a meditation (silent or voiced) and a savasana (deep rest). The sequences and kriyas open the body and one's own awareness to source energy.

Please bring a yoga mat and a bolster or small cushion to raise the hips off the floor when seated. All exercises can be done by everyone at their own level, and from a chair if needed. Please wear comfortable clothes that allow easy movement. Every Body is welcome.

Continues through Nov. 29. \$15.00 per class cash at the door. Contact Colette Shand, Phone: 905-808-4508 or shand.colette@bell.



Christmas Market - Saturday, November 17

We are still looking for:

- Be part of something big! The Bake Table at our Christmas Market (November 17th) is one of our most lucrative fundraisers. michelestevens.4@gmail.com is the co-ordinator
- Judy is looking for a few items to top up her beautiful baskets including: small packages of crackers and cookies, chocolate treats.
- Cello wrap! Does anyone have a source for inexpensive rolls of clear cellophane (or an comparable environmentally friendly alternative?)
- COLOURED shredded paper. Thanks for all the shredded paper already donated. We're looking for colourful paper to dress up the baskets.

Please bring any gift basket donations to the office NO LATER than Thursday, November 8.

Our last Committee meeting is October 30 at 7pm.



Incarnation Choir Rehearsals Wednesdays at 7:15

The Incarnation Choir resumes our weekly Wednesday rehearsals. We are a friendly group and would love to have more singers join us. You do not need to have vast musical experience!

If you are interested in more information about the Incarnation Choir, please contact Charlene at charlene@charlenepauls.com. No rehearsal on October 31



Coffee Time

We are trying something new!

Coffee will be available between the two services on Sunday. Come a few minutes before the 10:00 service and grab a mug before it begins. You can top up your mug after the service as well. Coffee hour volunteers will still be responsible for preparing coffee and refreshments for after the 10:00 worship.



Wing and a Prayer – Thursday, October 25

We meet at 6:30pm at Monaghan's. Cost: \$30 per person including food and drink. RSVP Keith Lockhart at keith.lockhart@stockton-ag.com. Everyone is welcome!

COMMUNITY NEWS



Diocese of Niagara News

Read updates, news and commentary from around the Diocese.

[Click here to read](#)



ROAD Youth Recovery

ROAD is a peer-support group created and led by youth, for youth. It is a recovery support group for individuals 16 – 29 dealing with mental illness and/ or substance abuse challenges. About the group:

- Drop-in, New members can join at any time
- ROAD encourages volunteer participation in 4 yearly community events
- ROAD offers monthly recreational activities, community outings and workshops
- ROAD is a maintenance program, and your membership never expires

For information, please contact Rebecca Taube at rtaube@jif.to or visit their website www.roadyouthrecovery.ca

THIS & THAT



Milk Bag Collection

We're still collecting Milk bags for the kids at Ellengale Public School

LOOKING TO VOLUNTEER?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. Youth can gain volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested.

SCHEDULE	October 28	November 4
Bread Making	J. Lockhart	L. Hickey
Altar Prep	B. Hanna-Morrison	Bird/Smith
Coffee 1	B. Saunders	J. Lockhart
Coffee 2	A. Turner-Sommer	K. Wilson
Host 1	L. Bird	B. Abrams
Host 2	L. Hickey	S. Williams
Reader 1	D. Bold	B. Gowing
Reader 2	L. Hickey	n/a
Gospel	P. Mitton	A. Turner-Sommer
Prayers	M. Russell	L. Hickey
Server 1	D. Bold	S. Williams
Server 2	J. Stevens	B. Hanna-Morrison
Wine Cups	E. Rago	N. Deluca
WSRF	M. Morrison	E. Deluca
Counting	J. Lockhart	M. Thompson

Please Note:

Thanks to all of you who update the master copy in the office – very helpful for me!

The new schedule is available!

[DOWNLOAD THE November/December SCHEDULE HERE](#)