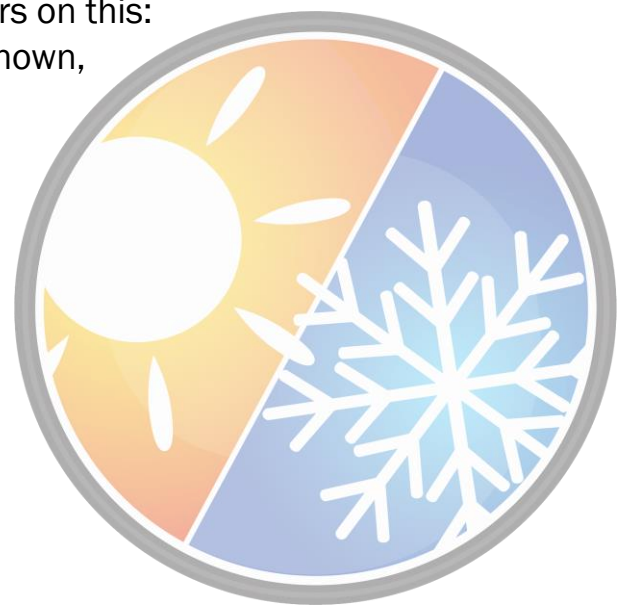

Geo-Thermal Update!

After a long journey of over three years, much research and debate, countless hours of meetings and set backs here and there, the geo-thermal HVAC project is finally going to get underway. The contracts have been signed and the timeline established (mostly). We have a project engineer by the name of Mark Greenhill who is going to shepherd this project along. The interior work of installing the equipment and retrofitting the space will begin first sometime around the 28th of this month. This will take a few weeks. Then the holes for the heat source will be drilled, most likely in the first part of December. The system will then be connected, and it is our hope that we will have the system up and running early in the new year.

We must thank the geo-thermal committee who have spent countless hours on this: Mac Morrison (Chair), David Jenkins, Alan MacDougall, Ken Moffat, Bob Chown, John Karbowskiak, John Hickey, Terry Rochefort, Mark Greenhill and Michael Patterson.

This is not just about heating and cooling the building. This is a commitment we have made to respond in our small way to the issues of climate change and the environment. Incarnation will be the first faith community in Halton Region to move in this direction. Thank you all for your support. If you would like to contribute to this project, please contact the church office at office@incarnationchurch.ca or mail your cheque to:

Church of the Incarnation
1240 Old Abbey Lane
Oakville, ON L6M 3Y4



GOOD TO KNOW:



Parish Council Meeting - Sunday, September 23, 2018

Our next Parish Council meeting is scheduled for next Sunday September 23, following the 10am service. Please let Jim Stevens know as soon as possible if you are unable to attend. For those responsible for preparing and submitting reports for the meeting, please submit to Jim through email no later than 6PM on Friday, September 21. He will distribute these reports, last meeting minutes and the agenda for review, to all members by Saturday around noon. This meeting will be potluck in terms of lunch, so bring whatever you can that we can enjoy together.



The Order Of Niagara - Sunday, September 30, 2018

Christ's Church Cathedral, Hamilton - 4:00pm
Please take a moment to congratulate Mac Morrison who will be installed this year!

ROAD

Recovery Opportunity Action Development

Welcome Rebecca Taube this Sunday

We are thrilled to have Rebecca speak to us about ROAD, the youth driven and youth-centric organization that helps young adults who are struggling with mental health and addiction.

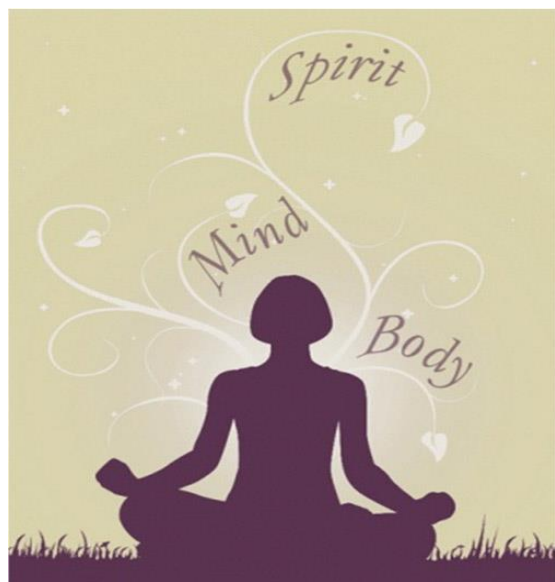
She will talk about the important work she is doing and how the funding provided by the region will change the lives of these young adults.



Concert Tickets - Free to the first 13 people

On Friday October 12 at 7:30 PM there will be a concert performance in Roy Thompson Hall featuring Yuqiang Dai, a famous Chinese tenor, Zuli Xu, award winning soprano, and Romulo Delgado, an accomplished instrumentalist and tenor. The Mississauga Symphony Orchestra will accompany the performance. Tickets are normally \$129-\$159 each. If you are interested in attending and want a free ticket, please contact Lynne Jenkins by email or see her after church on Sunday. lynnesjenkins@gmail.com.

For more information about this concert, [click here](#)



Kundalini Yoga – new series continues each Sunday, 7pm

In a hectic, chaotic world, take time to go inside and experience something new. A series of Kundalini Yoga classes begins on Sunday, September 16th at 7:00 - 8:30 p.m. in the Sanctuary.

[Kundalini Yoga](#) is sometimes referred to as the Yoga of Awareness. We begin with breathing exercises and then a kriya (exercise set), followed by a meditation (silent or voiced) and a savasana (deep rest). The sequences and kriyas open the body and one's own awareness to source energy.

Please bring a yoga mat and a bolster or small cushion to raise the hips off the floor when seated. All exercises can be done by everyone at their own level, and from a chair if needed. Please wear comfortable clothes that allow easy movement. Every Body is welcome.

Continues through Nov. 29. \$15.00 per class cash at the door. Contact Colette Shand, Phone: 905-808-4508 or shand.colette@bell.



Christmas Market - Saturday, November 17

The date has been set, the hard work and planning has begun!

WANTED:

- quality donations for our Trinkets and Treasures table (*no books, CDs or stuffed animals*), jewelry and craft tables
- baked goods
- donations to our silent auction and
- gift basket items for the kitchen, romance, baby, teen girl, teen boy

We do well with products and services from local businesses and great gift items. Bring your donations to the office

Christmas Market committee meeting: [October 16 at 7pm](#)



Incarnation Choir Rehearsals Wednesdays at 7:15

The Incarnation Choir resumes our weekly Wednesday rehearsals. We are a friendly group and would love to have more singers join us. You do not need to have vast musical experience!

If you are interested in more information about the Incarnation Choir, please contact Charlene at charlene@charlenepauls.com.

PLEASE NOTE:

On September 19, 26 and October 3, the Incarnation choir rehearsals will take place AT the Halton Multicultural Centre on Speers road from 7-8pm as *part of the Music Mosaic Collective*. (Music for the Sunday worship will be reviewed prior the start of each week's worship)

On October 10, 17 and 24, the rehearsals will take place at Incarnation along with the Music Mosaic from 7-8pm, and will continue with just the Inca choir from 8-8:45pm

The will be no rehearsal on October 31



The Mosaic Music Collective

Incarnation is pleased to announce a new music partnership this year called "The Mosaic Music Collective". This is a NEW inter-generational and multicultural music ensemble that will meet at Incarnation for six weekly sessions, bringing together people of different backgrounds and ages to create music from around the world. We welcome all - newcomers to Canada as well as long-standing residents. Participants will learn and teach music from a mix of cultures as we join together in a safe, collaborative space. Co-directors are Dr. Charlene Pauls and Natalie Fasheh.

6-Week Fall Session: Wednesdays from 7-8 PM

September 19	7-8 PM – meets at Halton Multicultural centre on Speers Road
September 26	7-8 PM – meets at Halton Multicultural centre on Speers Road
October 3	7-8 PM – meets at Halton Multicultural centre on Speers Road
October 10	7-8 PM – meets at Incarnation
October 17	7-8 PM – meets at Incarnation
October 24	7-8 PM – meets at Incarnation

This program is free (with donations gratefully accepted).



Sisters in Spirit Vigil, Thursday, October 4, 2018

Remembering Murdered and Missing Indigenous Women and Girls

Join the Eco Justice group in a ceremonial walk starting at Holy Trinity School at 6pm and ending at the Sheridan College Medicine Garden. The walk will be lead by Mohawk Elder David Grey Eagle, carrier of the 1817 Peace and Friendship Medal. There will be a ceremony followed by community gathering and engagement.

More details can be found in the flyer attached to the email.



Wing and a Prayer – Thursday, September 27

We meet at 6:30pm at Monaghan's. Cost: \$25 per person including food and drink. RSVP Keith Lockhart at keith.lockhart@stockton-ag.com . Everyone is welcome!

COMMUNITY NEWS



The Bishop's Company Dinner, October 15, 6:30

Bishop Susan is inviting parishes to support the important ministry of the Bishop's Company. Please see Michael if you'd like to attend as part of the Incarnation delegation!



Diocese of Niagara News

Read updates, news and commentary from around the Diocese.

[Click here to read](#)

THIS & THAT



Travelling to Ottawa this semester?

I have some things that I need to transport to Ottawa for my son. If anyone is travelling to Ottawa on business or pleasure, would you be willing to take some things to my son who attends Carleton? Please contact me at Leslie Hickey 905-483-0737.



Milk Bag Collection

We're still collecting Milk bags for the kids at Ellengale Public School



Our recycling efforts! New procedures

Thank you to all our hard-working volunteers who prepare the coffee and help with the set-up and clean-up of our premises. The daycare has been testing a new green bin routine with much success. We have almost completely eliminated critter attacks!

- **Start a new SMALL green bin for each service or event. Before leaving, tie off the bag and move the SMALL green bin waste to the shed and deposit into the LARGE green bin. This will eliminate any critter attacks. No green bins are to be left in the kitchen or out the back door after each event. If you don't know where the key to the shed is located, please ask a Warden or office staff.**
- Green bin liners are located in one of the 3 stacked multi-coloured baskets in the kitchen on the counter by the small sink
- All recycling must be emptied after each coffee hour or event. The large blue recycling bins are located at the back door. Please dump all recycling into the larger bins before leaving the church.

LOOKING TO VOLUNTEER?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. Youth can gain volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested.

Volunteer SCHEDULE	September 16	September 23
Bread Making	A. Moniuk	J. Lockhart
Altar Prep	A. Moniuk	Bird/Smith
Coffee 1	D. Anderson	K. Wilson
Coffee 2	Stevens	Bowden
Host 1	D. Bold	L. Bird
Host 2	S. Hutchinson	D. Anderson
Reader 1	L. Hickey	V. Moniuk
Gospel	L. MacLauchlan	M. Stevens
Prayers	M. Russell	J. Bowden
Server 1	B. Hanna-Morrison	A. Turner-sommer
Server 2	J. Stevens	S. Williams
Wine Cups	D. Bold	E. Rago
WSRF	J. Stevens	V. Moniuk
Counting	G. Hughes	J. Stevens

Please Note:

Thanks to all of you who update the master copy in the office – very helpful for me!

[DOWNLOAD THE SEPTEMBER-OCTOBER SCHEDULE HERE](#)