

Lent 2018. “It is All about LOVE!”

We know we are called to “Love God with all our heart, soul, body, mind and strength and to Love our neighbour as ourselves.”

Easier said than done, don't you think?

Over the course of Lent we will hear and learn about some of the most difficult social issues of our day. As people of faith, how do we reach out in love and respond, support, advocate for so many who do not know love! God so loved the world that he sent Jesus into our midst to show us the way. Last week we heard about and reflected on the issues of those within our community who are living in poverty and living with loneliness. Who would have thought these realities exist in a town like this? What does ‘loving our neighbour’ look like for us?

This week we will hear about another very difficult issue: Human trafficking in Halton Region. And again, it is hard to comprehend this reality is happening all around us in our community. How do we collectively respond in love if we have no awareness or knowledge of these things that go on in our midst. This Sunday at 10 am we will welcome Kat Gibbons and Rebecca Burrows as our guest speakers, from SAVIS (Sexual Assault and Violence Intervention Service). Following the worship, Kat and Rebecca will put on a workshop in more detail where we might ask questions and get more specific about what things we might do to support their work.

Over the coming weeks, we will continue to explore social issues that we are confronted by; mental health, racism, and homelessness in Halton. This Lent we are hearing the call to respond in love to all those around us. We hope to see you over these next few weeks.

This Week at Inca



Spirituality and Religion; Is it an Oxymoron?

For our Lenten study this year, we will be holding a 6-week discussion and study group to ponder how spirituality and religion are intertwined.

WHEN: Thursdays 12:30-2pm, beginning February 15

WHERE: The Chapel

WHO: All those interested in exploring the tension and convergences between spirituality and religion. Did Jesus mean for us to be “religious” when he invites us to ‘follow me’? When someone says I am spiritual but not religious, what does that mean?

Please sign up on the sheet on Sunday or send an email to Michael rector@incarnationchurch.ca to let him know you are interested in attending.



Saturday Jazz Series returns February 17 at 7pm

Come and join us for our first Jazz session of 2018 featuring The Bruce Griffin Trio

Tickets - \$15 at the door, students - \$10.



Contemplative Fire – March 18 at 8pm

Contemplative Fire is space and time to reflect, meditate, review, and recharge your emotional, spiritual and physical life. We provide a short time of hospitality starting at 8pm then we gather together as a contemplative and intentional community. We seek to enable reflection and meditation for all, from the novice to the experienced person.



Incarnation Choir Rehearsals Wednesdays at 7:15

If you are interested in sharing your voice, please join us at one of our Wednesday rehearsals, or speak to Charlene after a 10:00 service.

Please check Charlene's email for adjustments to the January and February schedule.



Easter Flower Envelopes

Envelopes are available at the host desk. Please consider donating in honour of a loved one to help us purchase the Easter flowers to adorn our worship space.

We will remember our loved ones on Easter Sunday.

Counters: Please make sure to leave a copy on the names on Margot's desk.



Wing and a Prayer – March 22

We meet at 6:30pm at Monaghan's. Cost: \$25 per person including food and drink. RSVP Winkie Macdougall. Everyone is welcome!



Prayer Chain

There are many friends and loved ones in need of prayer each week, we feel that extra and supportive prayer may be needed over and above our weekly prayer petitions. We'd like to create a prayer chain within the congregation to help cover those in need of prayer more fully.

How it will work:

Penny Mitton has offered to be the coordinator.

When the need for additional prayer arises, send an email request to Penny with the name of the person to be prayed for, and a short reason for the need for prayer.

Penny then emails the volunteer pray-ers with the information so that they can hold the person or people in prayer during the week. Of course all of this information is confidential.

But first, we need a number of volunteers to be part of the chain who will commit to pray for those names they have been given. Please talk to Michael if you feel that you would like to be part of this much needed ministry.

Community News



Join Oakville's Crossing Guard Team!

Be a part of Oakville's Walk to School Program:

- Keep children safe
- Provide an essential and valuable community service
- Enjoy holidays and summers off
- Earn \$15.39 per hour

For more information, visit Oakville.ca or contact the crossing guard Office at 905-845-6601 x3363. Application forms are in the church office.



OakvilleGreen
Conservation
Association

Help improve our tree canopy!

Sign up for the LEAF Oakville Subsidized Backyard Tree Planting Program today and get the right tree planted in the right place in your backyard! Residents receive a site consultation in their yard with a certified arborist, a 5 to 8-foot tall native deciduous tree (or 2- to 4-foot-tall evergreen), delivery, planting service and tree care information all for the subsidized price of \$150 to \$220! A Do-It-Yourself option is also available, which includes a virtual yard consultation, the delivery of trees and shrubs to your door, short instructional videos and tree planting & care information.

Sign up at <https://www.yourleaf.org/> to have your tree planted this spring - this program is first-come, first-served! For more information, call 1-888-453-6504 or email info@oakvillegreen.org.



Tour of the Holy Land!

Fr. Robert Holmes of the Basilean Centre for Peace and Justice is organizing a Holy Land tour of Israel /Palestine from Sept 25th -Oct 9. The tour will include 5 days in Jerusalem, 4 days in Bethlehem, a visit to Hebron and some concluding days in Galilee. At each stop participants will not only visit and learn about the religious sites, but will also meet people and groups who are working to bring peace with justice to this special but conflicted land.

The total price, including airfare for a non stop flight from Windsor to Jerusalem is \$3,900. Fuller details can be found at rholmes@basilean.org.



Anglican Church of Canada

Anglican Church of Canada

Read updates, news and commentary from around the Church.

[Click here to read](#)



Canadian Open is looking for Volunteers

Like golf? Like people? Just like being outdoors? Have some fun and support your community by volunteering at this year's Canadian Open July 23-29. To see more details and what kind of opportunities are available please visit <http://rbccanadianopen.com/volunteer/>. Students who volunteer can get community service hours for their work.

This & That



Looking to Volunteer?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain some volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested in helping out. Don't forget to mark changes to the schedule on the master copy in the office.



Milk Bag Collection

We're still collecting Milk bags for the kids at Ellengale Public School



Our recycling efforts! New procedures

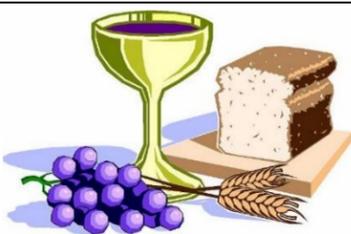
Thank you to all our hard-working volunteers who prepare the coffee and help with the set-up and clean-up of our premises. The daycare has been testing a new green bin routine with much success. We have almost completely eliminated critter attacks!

- Start a new **SMALL** green bin for each service or event. Before leaving, tie off the bag and move the **SMALL** green bin waste to the shed and deposit into the **LARGE** green bin. This will eliminate any critter attacks. No green bins are to be left in the kitchen or out the back door after each event. If you don't know where the key to the shed is located, please ask a Warden or office staff.
- Green bin liners are located in one of the 3 stacked multi-coloured baskets in the kitchen on the counter by the small sink
- All recycling must be emptied after each coffee hour or event. The large blue recycling bins are located at the back door. Please dump all recycling into the larger bins before leaving the church.



Changes to Order of Service or Bulletin News - Any changes need to be sent to the office by Tuesday, noon. office@incarnationchurch.ca

Nametags let people know who you are and make it helpful for people to put names to faces, especially for newcomers



Receiving Communion

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where all are welcome.

VOLUNTEER SCHEDULE

	February 25	March 4
Bread Making	A. Moniuk	J. Vanderwater
Altar Prep	Bird/Smith	B. Hanna-Morrison
Coffee 1	L. Maclauchlan	B. Gowing
Coffee 2	Stevens	P. Russell
Host 1	S. Sinclair	P. Moffat
Host 2	J. Smith	W. Macdougall
Reader 1	L. Hickey	A. MacNaughton
Gospel	J. Lockhart	D. Bold
Prayers	P. Mitton	L. Hickey
Server 1	D. Bold	P. Moffat
Server 2	A. MacNaughton	P. Russell
Wine Cups	C. Boulert	E. Rago
WSRF	n/a	J. Stevens
Counting	J. Raitt	A. Macdougall

Please Note: Thanks to all of you who update the master copy in the office – very helpful for me!

[DOWNLOAD THE MAR/APR SCHEDULE HERE](#)