

**Special Announcement:**

The Lenten Study will be postponed today, Thursday, February 15, and will resume next week. Apologies for the inconvenience.

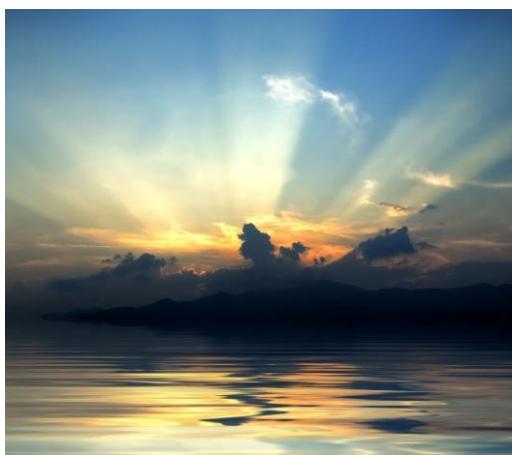
**This Week at Inca**

*Thank You!*

**Belated Welcome and Thank You to our Wardens**

At our recent Vestry meeting, we welcomed Mike Kelly in the Position of Deputy Rector's Warden and Stephen Hutchinson as the Deputy People's Warden. Thanks to the two of them for agreeing to help in these important positions.

Thank you as well to Leslie Hickey and David Jenkins who are passing the torch, both of whom have worked exceedingly effectively behind the scenes (and many times in front!) to help everything run smoothly around here.



**Spirituality and Religion; Is it an Oxymoron?**

For our Lenten study this year, we will be holding a 6-week discussion and study group to ponder how spirituality and religion are intertwined.

WHEN: Thursdays 12:30-2pm, beginning February 15

WHERE: The Chapel

WHO: All those interested in exploring the tension and convergences between spirituality and religion. Did Jesus mean for us to be "religious" when he invites us to "follow me"? When someone says I am spiritual but not religious, what does that mean?

Please sign up on the sheet on Sunday or send an email to Michael rector@incarnationchurch.ca to let him know you are interested in attending.



**Saturday Jazz Series returns February 17 at 7pm**

Come and join us for our first Jazz session of 2018 featuring The Bruce Griffin Trio

Tickets - \$15 at the door, students - \$10.



**Contemplative Fire – February 18 at 8pm**

Contemplative Fire is space and time to reflect, meditate, review, and recharge your emotional, spiritual and physical life. We provide a short time of hospitality starting at 8pm then we gather together as a contemplative and intentional community. We seek to enable reflection and meditation for all, from the novice to the experienced person.



**Incarnation Choir Rehearsals Wednesdays at 7:15**

If you are interested in sharing your voice, please join us at one of our Wednesday rehearsals, or speak to Charlene after a 10:00 service.

*Please check Charlene's email for adjustments to the January and February schedule.*



**Easter Flower Envelopes**

Envelopes are available at the host desk. Please consider donating in honour of a loved one to help us purchase the Easter flowers to adorn our worship space.

We will remember our loved ones on Easter Sunday..



### Wing and a Prayer – February 22

We meet at 6:30pm at Monaghan's. Cost: \$25 per person including food and drink. RSVP Winkie Macdougall. Everyone is welcome!



### Prayer Chain

There are many friends and loved ones in need of prayer each week, we feel that extra and supportive prayer may be needed over and above our weekly prayer petitions. We'd like to create a prayer chain within the congregation to help cover those in need of prayer more fully.

#### How it will work:

Penny Mitton has offered to be the coordinator.

When the need for additional prayer arises, send an email request to Penny with the name of the person to be prayed for, and a short reason for the need for prayer.

Penny then emails the volunteer pray-ers with the information so that they can hold the person or people in prayer during the week. Of course all of this information is confidential.

But first, we need a number of volunteers to be part of the chain who will commit to pray for those names they have been given. Please talk to Michael if you feel that you would like to be part of this much needed ministry.

## Community News



OakvilleGreen  
Conservation  
Association

### Help improve our tree canopy!

Sign up for the LEAF Oakville Subsidized Backyard Tree Planting Program today and get the right tree planted in the right place in your backyard! Residents receive a site consultation in their yard with a certified arborist, a 5 to 8-foot tall native deciduous tree (or 2- to 4-foot-tall evergreen), delivery, planting service and tree care information all for the subsidized price of \$150 to \$220!

A Do-It-Yourself option is also available, which includes a virtual yard consultation, the delivery of trees and shrubs to your door, short instructional videos and tree planting & care information.

Sign up at <https://www.yourleaf.org/> to have your tree planted this spring - this program is first-come, first-served! For more information, call 1-888-453-6504 or email [info@oakvillegreen.org](mailto:info@oakvillegreen.org).



Anglican Church of Canada

### Anglican Church of Canada

Read the January newsletter from General Synod

[Click here to read](#)



### Canadian Open is looking for Volunteers

Like golf? Like people? Just like being outdoors? Have some fun and support your community by volunteering at this year's Canadian Open July 23-29. To see more details and what kind of opportunities are available please visit <http://rbccanadianopen.com/volunteer/>. Students who volunteer can get community service hours for their work.

## This & That



### Looking to Volunteer?

We have lots of ways you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain some volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested in helping out. Don't forget to mark changes to the schedule on the master copy in the office.



### Milk Bag Collection

We're still collecting Milk bags for the kids at Ellengale Public School



**Our recycling efforts!** New procedures

Thank you to all our hard-working volunteers who prepare the coffee and help with the set-up and clean-up of our premises. The daycare has been testing a new green bin routine with much success. We have almost completely eliminated critter attacks!

- Start a new **SMALL** green bin for each service or event. Before leaving, tie off the bag and move the **SMALL** green bin waste to the shed and deposit into the **LARGE** green bin. This will eliminate any critter attacks. No green bins are to be left in the kitchen or out the back door after each event. If you don't know where the key to the shed is located, please ask a Warden or office staff.
- Green bin liners are located in one of the 3 stacked multi-coloured baskets in the kitchen on the counter by the small sink
- All recycling must be emptied after each coffee hour or event. The large blue recycling bins are located at the back door. Please dump all recycling into the larger bins before leaving the church.



**Changes to Order of Service or Bulletin News** - Any changes need to be sent to the office by Tuesday, noon. [office@incarnationchurch.ca](mailto:office@incarnationchurch.ca)

**Nametags** let people know who you are and make it helpful for people to put names to faces, especially for newcomers



**Receiving Communion**

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where all are welcome.

**VOLUNTEER SCHEDULE**

	February 18	February 25
<b>Bread Making</b>	B. Gowing	A. Moniuk
<b>Altar Prep</b>	M. Stevens	Bird/Smith
<b>Coffee 1</b>	J. Vanderwater	Bowden
<b>Coffee 2</b>	L. Maclauchlan	Stevens
<b>Host 1</b>	S. Williams	S. Sinclair
<b>Host 2</b>	L. Hickey	J. Smith
<b>Reader 1</b>	B. Hanna-Morrison	L. Hickey
<b>Gospel</b>	S. Curran	J. Lockhart
<b>Prayers</b>	M. Russell	P. Mitton
<b>Server 1</b>	L. Hickey	D. Bold
<b>Server 2</b>	A. Turner - Sommer	A. MacNaughton
<b>Wine Cups</b>	B. Abrams	C. Boulert
<b>Counting</b>	S. Williams	J. Raitt

Please Note: Thanks to all of you who update the master copy in the office – very helpful for me!

[DOWNLOAD THE MAR/APR SCHEUDLE HERE](#)