
The Diocese of Niagara Episcopal Election

On March 3rd, Claudine Boulert, Pat Martin, Zach Boulert and Michael will be attending the Diocesan Synod called to elect the new Bishop of Niagara. There are seven worthy candidates and the delegates from Incarnation will have the responsibility to discern who God may be calling to this episcopal ministry. It is a daunting challenge; one that will have repercussions for our Church for many years to come. These are difficult days for the Church in this 21st Century and whoever the Holy Spirit taps on the shoulder will have to be a person of vision, strength, courage and a deeply grounded faith in God who will lead him/her along this path of leadership. We ask your prayers and support for our delegates as we move closer to being called to cast the votes and we encourage you to look at the videos and read the profiles of the candidates below. If you have thoughts and/or opinions of who you believe may be the person most suited for this role, let us know. Contact Michael at rector@incarnationchurch.ca

Videos of Candidates <https://www.youtube.com/user/NiagaraAnglican>

Profiles of Candidates <https://niagaraanglican.ca/news/profiles-highlight-coadjutor-candidates>

Prayer for the Candidates

Almighty and gracious God, in your goodness you call us together to be your church in this Diocese. Be with us in the days to come as we discern your Spirit's leading in our future. Give your abundant grace, we pray, to all those nominated for the office of Bishop; endow members of Synod grace and wisdom as we meet to elect, in your name, a new Shepherd for your flock. Hold us all in your continuing love and be with us all as your mission of justice and peace reigns in our hearts, in your church, and in your world. AMEN



Don't forget, this Sunday we'll be celebrating Mardi Gras
with an agape friendship meal.

Dress in your brightest golds, greens, purples and reds!

This Week at Inca



Spirituality and Religion; Is it an Oxymoron?

For our Lenten study this year, we will be holding a 6-week discussion and study group to ponder how spirituality and religion are intertwined.

WHEN: Thursdays 12:30-2pm, beginning February 15

WHERE: The Chapel

WHO: All those interested in exploring the tension and convergences between spirituality and religion. Did Jesus mean for us to be "religious" when he invites us to 'follow me'? When someone says I am spiritual but not religious, what does that mean?

Please sign up on the sheet on Sunday or send an email to Michael rector@incarnationchurch.ca to let him know you are interested in attending.



Please Bring in your Palms

If you saved your palm frond from last year's Palm Sunday, please bring it to the church by Shrove Tuesday. We will burn them to be the source of ashes used on Ash Wednesday.

MARK YOUR CALENDAR!

More dates to remember!

Pancake Tuesday - Tuesday, February 13. Let us know if you can help in the kitchen, or will be partaking in the deliciousness – mark the sign-up sheet!

Ash Wednesday – February 14, 7pm



Saturday Jazz Series returns February 17 at 7pm

Come and join us for our first Jazz session of 2018 featuring The Bruce Griffin Trio
Tickets - \$15 at the door, students - \$10.



Contemplative Fire – February 18 at 8pm

Contemplative Fire is space and time to reflect, meditate, review, and recharge your emotional, spiritual and physical life. We provide a short time of hospitality starting at 8pm then we gather together as a contemplative and intentional community. We seek to enable reflection and meditation for all, from the novice to the experienced person.



Incarnation Choir Rehearsals Wednesdays at 7:15

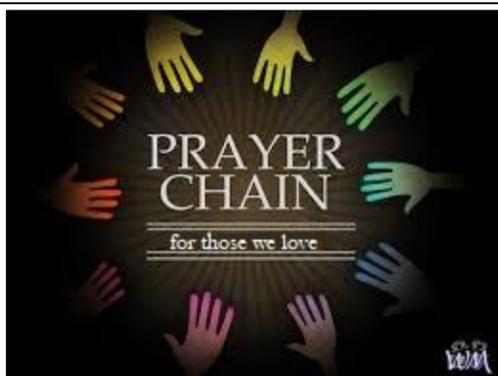
If you are interested in sharing your voice, please join us at one of our Wednesday rehearsals, or speak to Charlene after a 10:00 service.

Please check Charlene's email for adjustments to the January and February schedule.



Wing and a Prayer – February 22

We meet at 6:30pm at Monaghan's. Cost: \$25 per person including food and drink. RSVP Winkie Macdougall. Everyone is welcome!



Prayer Chain

There are many friends and loved ones in need of prayer each week, we feel that extra and supportive prayer may be needed over and above our weekly prayer petitions. We'd like to create a prayer chain within the congregation to help cover those in need of prayer more fully.

How it will work:

Penny Mitton has offered to be the coordinator.

When the need for additional prayer arises, send an email request to Penny with the name of the person to be prayed for, and a short reason for the need for prayer.

Penny then emails the volunteer pray-ers with the information so that they can hold the person or people in prayer during the week. Of course all of this information is confidential.

But first, we need a number of volunteers to be part of the chain who will commit to pray for those names they have been given. Please talk to Michael if you feel that you would like to be part of this much needed ministry.

Community News



OakvilleGreen
Conservation
Association

Help improve our tree canopy!

Sign up for the LEAF Oakville Subsidized Backyard Tree Planting Program today and get the right tree planted in the right place in your backyard! Residents receive a site consultation in their yard with a certified arborist, a 5 to 8-foot tall native deciduous tree (or 2 to 4 foot tall evergreen), delivery, planting service and tree care information all for the subsidized price of \$150 to \$220!

A Do-It-Yourself option is also available, which includes a virtual yard consultation, the delivery of trees and shrubs to your door, short instructional videos and tree planting & care information.

Sign up at <https://www.yourleaf.org/> to have your tree planted this spring - this program is first-come, first-served! For more information, call 1-888-453-6504 or email info@oakvillegreen.org.



Anglican Church of Canada

Anglican Church of Canada

Read the January newsletter from General Synod

[Click here to read](#)



Canadian Open is looking for Volunteers

Like golf? Like people? Just like being outdoors? Have some fun and support your community by volunteering at this year's Canadian Open July 23-29. To see more details and what kind of opportunities are available please visit <http://rbccanadianopen.com/volunteer/>. Students who volunteer can get community service hours for their work.

This & That



Looking to Volunteer?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain some volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested in helping out. Don't forget to mark changes to the schedule on the master copy in the office.



Milk Bag Collection

We're still collecting Milk bags for the kids at Ellengale Public School



Our recycling efforts! New procedures

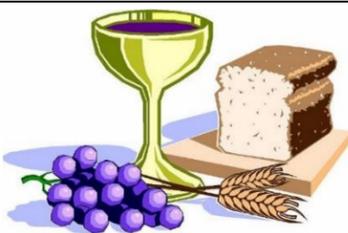
Thank you to all our hard-working volunteers who prepare the coffee and help with the set-up and clean-up of our premises. The daycare has been testing a new green bin routine with much success. We have almost completely eliminated critter attacks!

- Start a new **SMALL** green bin for each service or event. Before leaving, tie off the bag and move the **SMALL** green bin waste to the shed and deposit into the **LARGE** green bin. This will eliminate any critter attacks. No green bins are to be left in the kitchen or out the back door after each event. If you don't know where the key to the shed is located, please ask a Warden or office staff.
- Green bin liners are located in one of the 3 stacked multi-coloured baskets in the kitchen on the counter by the small sink
- All recycling must be emptied after each coffee hour or event. The large blue recycling bins are located at the back door. Please dump all recycling into the larger bins before leaving the church.



Changes to Order of Service or Bulletin News - Any changes need to be sent to the office by Tuesday, noon. office@incarnationchurch.ca

Nametags let people know who you are and make it helpful for people to put names to faces, especially for newcomers



Receiving Communion

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where all are welcome.

VOLUNTEER SCHEDULE

	February 11	February 18
Bread Making	L. Hickey	B. Gowing
Altar Prep	W. Macdougall	M. Stevens
Coffee 1	J. Lockhart	J. Vanderwater
Coffee 2	A. Turner-Sommer	L. Maclauchlan
Host 1	D. Bold	S. Williams
Host 2	B. Abrams	L. Hickey
Reader 1	J. Bowden	B. Hanna-Morrison
Gospel	W. Macdougall	S. Curran
Prayers	D. Wieler	M. Russell
Server 1	A. Moniuk	L. Hickey
Server 2	P. Moffat	A. Turner - Sommer
Wine Cups	S. Williams	B. Abrams
Counting	J. Smith	S. Williams

Please Note: Thanks to all of you who update the master copy in the office – very helpful for me!

[DOWNLOAD THE JAN/FEB SCHEUDLE HERE](#)