

---

## Connections- a time to explore

People often will say, "I am spiritual but not religious". What does it mean to be "spiritual" anyway? Are we a spiritual community? We are a community, but often we feel shy with each other at the social hour. So we gravitate to people we already know, or we stick to topics we know are safe, which tend to be the same kinds of topics we might discuss if we ran into an acquaintance at the grocery store.

Then we go away without really connecting about anything that relates to our hearts, souls, spirits, lives, faiths and struggles. These times when we stay on the surface are missed opportunities for all of us to feel more deeply connected in a 'spiritual community', which is surely what we all crave when we choose to come together.

Inca is going to start doing something about this.

Beginning Sunday Oct 1st, we invite you to join us with your after-service coffee and come and sit a while to have some one-on-one or small group conversations specifically about how the service spoke to us.

Here is how it will work:

At the end of the service, Michael will offer a few suggestions of questions we can discuss that relate to the theme or content of the worship time. We are invited to talk about what comes up for each of us, and any thoughts we have for how the ideas in the service can be carried into the week ahead or brought more fully into our lives

If you'd like to think about these questions and get to know someone new or in new ways, bring your coffee to the chairs, and sit down next to someone -- bonus points if you have never met the person or know very little about them yet (if you don't want to, just stay at the buffet table area)

Make sure you listen as much as you talk -- ask questions, and give the gift of your active listening; when someone asks you questions, give the gift of your true thoughts

Be generous – invite someone else to join your conversation if there are odd numbers – make others feel included. Stay in each conversation for a full ten minutes, so the ice gets broken and you can get to a more meaningful level with people you may never have thought you had something in common with.

A bell will ring every 10 minutes, and you can keep talking or thank each other for the conversation and introduce yourself to someone else for the next 10 minutes. To signal the start of the CONNECT time the first bell will ring 5 minutes after service has ended, and will ring every ten minutes for half an hour, allowing you to enjoy from one to three good opportunities to connect.

So following worship, we invite people to grab a coffee and snack and then return to the worship space. If you have any questions, please contact the Michael at [rector@incarnationchurch.ca](mailto:rector@incarnationchurch.ca)

---

## This Week at Inca



### SEASON OF CREATION

#### Season of Creation

Until Oct. 4, Anglicans will join in prayer with Christians around the world to sustain and renew the life of the earth as we mark the annual Season of Creation.

"I am excited to be a part of the Season of Creation—timely and prophetic action on the part of the churches," said National Indigenous Anglican Bishop Mark MacDonald. "Hopefully, it will capture minds and hearts around the globe."

"I think that it's as important a time as any to be focused on what's happening with the environment in the world, and to be really concerned about the impacts that we're having on the environment," Public Witness for Social and Ecological Justice lead animator Ryan Weston said.

"This is the chance for us to engage in that thoughtfully and to really set aside some time to reflect on what role we can play and what we're responsible for ... For parishes, whether they've done it before or never done Season of Creation previously, there are a bunch of resources that are available to create opportunities for that kind of reflection and engagement around our responsibility towards the earth, and towards each other."

Thinking globally, acting locally

---



**Greening Sacred Spaces – Tonight at 6:30pm**

Please save the date for an Evening of Recognition: Stewards for our Future where we will come together to acknowledge *Church of the Incarnation* as they move forward as leaders in sustainability by retrofitting their establishment to be more energy efficient. We will be joined by special guest, Environmental Commissioner of Ontario, Dr. Diane Saxe.

This event is free, although reservations are required! [Please RSVP by clicking here](#)



**Saturday Jazz returns September 23**

Join us for an evening of jazz and BBQ starting at 7pm featuring the Deborah Dowe Trio.

Tickets are \$15 for Adults and \$10 for students, available at the door. Light snacks and refreshments may be purchase separately.



**Contemplative Fire – this Sunday, September 17**

Contemplative Fire is space and time to reflect, meditate, review, and recharge your emotional, spiritual and physical life. We provide a short time of hospitality starting at 8pm then we gather together as a contemplative and intentional community. We seek to enable reflection and meditation for all, from the novice to the experienced person.



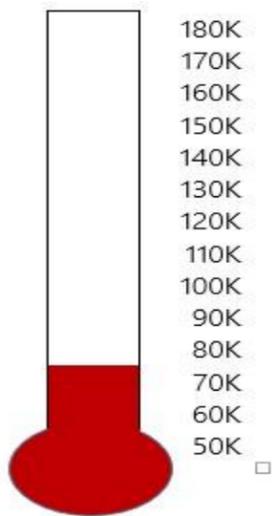
**Order of Niagara, Installation Ceremony  
Sunday, October 1 at 4pm, Christ’s Church Cathedral**

Please join us in congratulating the 2017 Order of Niagara recipients from our parish: Jim and Michele Stevens, Marlene Thompson and Anne Moniuk. The Order honours lay people and recognizes their important ministry in the diocese.



**Jeff West Hypnosis, Saturday, October 14**

Mark your calendars and stay tuned for more details about an interactive comedy hypnosis show featuring Jeff West.



**Geo Thermal Project and Incarnation- Sep 17th**

This Sunday there will be an update on the progress of the Geo-thermal project. It is a complicated exercise and the committee continues to work at making the best decisions on behalf of the parish. There are still a number of other factors that need to be addressed so please come out Sunday if you have concerns or questions. To date we have cash or pledges of approx. \$71,000 with a goal of \$150,000.

Please consider a gift of time, or finances for this important project in the life of our community

Corporation of Church of the Incarnation



**Incarnation Choir Rehearsals.**

Our regular Wednesday rehearsals on Wednesday at 7:30 have resumed. If you are interested in sharing your voice, please join us at one of our Wednesday rehearsals, or speak to Charlene after a 10:00 service.

Please note: rehearsal will be cancelled on October 18<sup>th</sup>.



**Wing and a Prayer – Returns to our regular schedule on September 28**

We meet at 6:30pm at Monaghan’s. Cost: \$25 per person including food and drink. RSVP Winkie Macdougall. Everyone is welcome!



### Christmas Market – Saturday November 18th

The date has been set, the hard work and planning has begun!

We'll be looking for excellent quality donations to our Trinkets and Treasures table (*no books, CDs or stuffed animals*), craft table, and baked goods. Please start thinking about donations to our silent auction and gift basket tables – two of our biggest money makers. We do well with products and services from local businesses and great gift items. Stay tuned! Collection of these items will begin in September.

Please look for the special flyer at the greeter's table with more details and volunteer opportunities, including a request for baked goods for the bake table, and soup, chili and muffins for the team room!

## Community News



### Halton Green Screens

The Fall Eco-Film Series has been announced. Movies start at 7pm at Film.ca on Speers Road. Admission is \$5 for adults and \$2 for Students.

- Sep 14 – *Addiction Incorporated* – the story of tobacco companies and their quest to addict the human brain
- Oct 12 – *A New Economy* – what happens when humanity is at the core of business? Can cooperation save the world?
- Nov 9 – *A Plastic Ocean* – In a corner of the Pacific Ocean, researchers found more plastic than plankton



### R4R Recovery Day, Saturday, September 30

#### Church of the Incarnation, doors open at 6pm

Come and screen the new recovery film *Generation Found*, a powerful story about one community coming together to ignite a youth addiction recovery revolution in their hometown. Enjoy food, refreshments and an open discussion about challenges facing our youth. This event is inclusive and non-faith based.



### St. Jude's Choral Splendour Saturday, October 28 at 8pm

Come enjoy a repertoire of Canadian sacred and secular choral music performed by the Elora Singers under the direction of Noel Edison. Tickets are \$30 and available at [oakvilleconcerts.com](http://oakvilleconcerts.com)

## This & That



### Looking to Volunteer?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain some volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested in helping out. Don't forget to mark changes to the schedule on the master copy in the office.



### Milk Bag Collection

We're still collecting Milk bags for the kids at Ellengale Public School



### Our recycling efforts! **New procedures**

Thank you to all our hard-working volunteers who prepare the coffee and help with the set-up and clean-up of our premises. The daycare has been testing a new green bin routine with much success. We have almost completely eliminated critter attacks!

- **Start a new SMALL green bin for each service or event. Before leaving, tie off the bag and move the SMALL green bin waste to the shed and deposit into the LARGE green bin. This will eliminate any critter attacks. No green bins are to be left in the kitchen or out the back door after each event. If you don't know where the key to the shed is located, please ask a Warden or office staff.**
- Green bin liners are located in one of the 3 stacked multi-coloured baskets in the kitchen on the counter by the small sink

- All recycling must be emptied after each coffee hour or event. The large blue recycling bins are located at the back door. Please dump all recycling into the larger bins before leaving the church.

## JUST A LITTLE *Reminder*

**Changes to Order of Service or Bulletin News** - Any changes need to be sent to the office by Tuesday, noon. [office@incarnationchurch.ca](mailto:office@incarnationchurch.ca)

**Nametags** let people know who you are and make it helpful for people to put names to faces, especially for newcomers



### Receiving Communion

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where all are welcome.

## VOLUNTEER SCHEDULE

	September 17	September 24
<b>Bread Making</b>	L. Hickey	J. Lockhart
<b>Altar Prep</b>	A. Moniuk	Bird/Smith
<b>Coffee</b>	L. Hickey	D. Anderson
<b>Coffee</b>	Bowden	J. Lockhart
<b>Host</b>	S. Sinclair	W. Macdougall
<b>Reader 1</b>	L. Bennett	J. Grieve
<b>Gospel</b>	B. Abrams	J. Lockhart
<b>Prayers</b>	M. Russell	D. Wieler
<b>Server 1</b>	T. Burk	J. Stevens
<b>Server 2</b>	W. Burk	B. Hanna-Morrison
<b>Wine Cups</b>	L. Hickey	B. Abrams
<b>Counting</b>	J. Raitt	G. Hughes

Please Note: Thanks to all of you who update the master copy in the office – very helpful for me! There are a handful of printed copies of the new schedule in the office.