

“A growing community must integrate three elements: a life of silent prayer, a life of service -- and above all of *listening* -- to the poor, and a community life through which all its members can grow in their own gift.”

Jean Vanier

This Week at Inca



Summer Activity and a Reminder

A Message from the Corporation

This year we will continue to hold our worship gatherings at 10 am at Incarnation followed by our summer music series “Incarnation’s Got Talent”. Historically, attendance sags a bit during the summer. So, we want to remind and encourage you to keep up your charitable contributions to Incarnation if you are not on Pre-Authorized Payments. Our work and expense continue through the summer so we need your support. Thank you for assisting us with keeping the ship moving forward.

Appreciatively, *The Corporation of Incarnation*

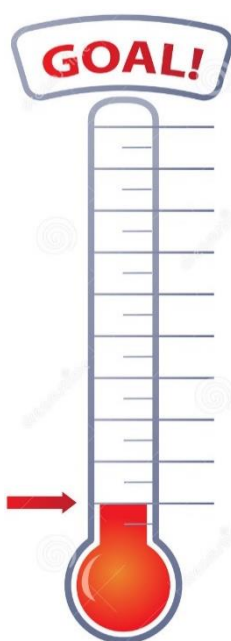
July – instead of traveling to St. Aidan, we will continue with a 10:00 service every Sunday. We are blessed to have Rev’d Wayne Fraser. *There will be no 8:30 service in July.*

July 24-30 The Canadian Open. As usual, our parking lot will be off limits during the day.

Sunday, July 30, Outdoor Service at the Hickey’s

Our church parking lot will not be accessible that day due to the Canadian Open, so please join us for Sunday worship on July 30th at Leslie Hickey’s house, 1202 Rushbrooke Drive (watch for the red Muskoka chairs out front). We will have a BBQ after the service; Hickeys will provide the main course (sausages, burgers and veggie burgers) and some cold drinks. Please bring a salad or dessert and a lawn chair. Looking forward to seeing you there!

August 6 – Michael returns as does the 8:30 service



Geo Thermal Project

The engineering report for our Geo Thermal Project is in progress and we are looking ahead to have 100% approval from the diocese in September to move forward with the installation shortly thereafter. In the meantime, prior to getting diocesan approval and in order to get guarantees on the bank loan necessary to complete the project, we must raise or have pledged by the parish a significant level of the funding in place.

Hence we are asking you to prayerfully consider making a pledge to this campaign in order that we can ensure its success. This pledge can be in the form a one-time gift or it may be over a five-year commitment. There are green pledge forms available at the office or you may pick one up after church on Sunday. Likewise, there are forms available on our [web site](#)

The goal we hope to achieve in gifts in pledges is approx. \$175,000. Presently we have raised and have on hand \$65,000. Hence we have **\$110,000** to go.

Thank you in advance for your consideration. If you have further questions, please speak to one of the wardens.

Corporation of Church of the Incarnation



Steven’s Outreach update – call for supplies!

The Church of the Incarnation will be running arts and crafts activities for the kids at the Abbeyview BBQ every Thursday this summer.

If you have any of the following art supplies – acrylic or water-based paint, brushes, chalk, paper, glue, popsicle sticks, stickers, foam sheets – that you would like to donate, feel free to come by the office on a weekday and drop them off in the bin provided!

Feel free to contact Stephen at communitycoordinator@incarnationchurch.ca



“INCARNATION’S GOT TALENT”: NEW THIS SUMMER!

Our “Incarnation’s Got Talent” summer concert series begins on Sunday, July 2, at 11. After our service Sunday we will have the pleasure of hearing Benson Wieler and Eric Gowing on cellos, playing Vivaldi’s Double Cello Concerto, along with special guests Lyndsay Tran, violin, and Hana Gutlerova on piano, to perform Mendelssohn’s famous violin concerto in E Minor.

Future weeks in July will include advanced chamber musicians from the Oakville Suzuki Camp. Come out and enjoy these summer concerts!

Incarnation Choir Rehearsals

Choir rehearsals have concluded for the summer. During the summer, please meet at 9:30 each Sunday to prepare for worship.



Buy Good Coffee –

Thanks for the support!

Coffee orders have arrived and are in the office. Brown paper bag with our name on it!



Contemplative Fire –Sunday, July 16

Contemplative Fire is space and time to reflect, meditate, review, and recharge your emotional, spiritual and physical life. We provide a short time of hospitality starting at 8pm then we gather together as a contemplative and intentional community. We seek to enable reflection and meditation for all, from the novice to the experienced person.



Wing and a Prayer – moved to Thursday, June 29

We meet at 6:30pm at Monaghan’s. Cost: \$25 per person including food and drink. RSVP Winkie Macdougall. Everyone is welcome!



Christmas Market – Saturday November 18th

The date has been set, the hard work and planning has begun!

We’ll be looking for donations to our Trinkets and Treasures table, craft table, baked goods and more! Stay tuned!



Abbeyview BBQ – Volunteers needed

Thursdays 5:30-7pm Starting July 7

Can you help with cooking and general duties? We’re looking for a number of people to help as we host a weekly bbq for our Friends at Abbeyview. Please fill in a blue application form, available in the office, or [click here to download one](#).

Please contact Susan Curran for more details

Community News



Diocese of Niagara – News Updates

For more information about community activities and events presented by the Diocese of Niagara, [click here](#)



Anglican Church of Canada

You can read the June newsletter [here](#)



The Canadian Open - Volunteers needed - July 24 to July 30

Approximately 1,200 volunteers are needed to make the Open a success. There are still openings on the environmental, ambassadors, walking, and laser scoring committees. Several members of the congregation are volunteering and the committee chairs are open to putting people who know each other on the same committee. For more information please go to <http://rbccanadianopen.com/volunteer/> Can be applied to community service hours.



Community Walking Club – organized by R4R

Wednesday mornings, 10am-11am

Join us as we increase our physical activity, enhance our wellness, make new friends, build resiliency and enjoy nature. Please wear walking shoes and bring your own water bottle. Our goal is to walk enough steps to “Walk to Ottawa” and celebrate Canada’s 150.



Karma Community Yoga – organized by R4R

Wednesday evenings at 6:30 beginning June 21.

Join Eryl McCaffrey- Certified Yoga & Meditation Instructor from Mindful Movers. All levels are welcome. Free.



Storytelling –A Woman’s Journey, Tuesdays, 2-3:00

Join Karen Pitt as she provides an opportunity for women to speak, listen, support and share your life’s journey. For more information regarding the speakers and the time, contact Karen at karpitt@gmail.com

Taste of Columbia, El Salon located at 67 Bronte Road, unit 2

This & That



Looking to Volunteer?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain some volunteer high school hours. Training will be provided. Contact Julia Lockhart if you are interested in helping out. Don’t forget to mark changes to the schedule on the master copy in the office.



Milk Bag Collection

We’re still collecting Milk bags for the kids at Ellengale Public School



Our recycling efforts! **New procedures**

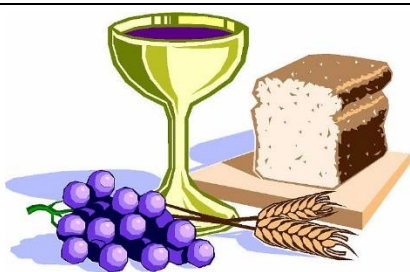
Thank you to all our hard-working volunteers who prepare the coffee and help with the set-up and clean-up of our premises. The daycare has been testing a new green bin routine with much success. We have almost completely eliminated critter attacks!

- **Start a new SMALL green bin for each service or event. Before leaving, tie off the bag and move the SMALL green bin waste to the shed and deposit into the LARGE green bin. This will eliminate any critter attacks. No green bins are to be left in the kitchen or out the back door after each event. If you don’t know where the key to the shed is located, please ask a Warden or office staff.**
- Green bin liners are located in one of the 3 stacked multi-coloured baskets in the kitchen on the counter by the small sink
- All recycling must be emptied after each coffee hour or event. The large blue recycling bins are located at the back door. Please dump all recycling into the larger bins before leaving the church.



Changes to Order of Service or Bulletin News - Any changes need to be sent to the office by Tuesday, noon. office@incarnationchurch.ca

Nametags let people know who you are and make it helpful for people to put names to faces, especially for newcomers



Receiving Communion

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where all are welcome.

VOLUNTEER SCHEDULE	July 2	July 9
Bread Making	J. Vanderwater	J. Lockhart
Altar Prep	M. Stevens	Bird/Smith
Coffee	B. Saunders	Chambers
Coffee	M. Yang	D. Anderson
Host	D. Bold	S. Hutchinson
Reader 1	B. Abrams	B. Gowing
Gospel	D. Lusby	J. Bowden
Prayers	S. Curran	J. Grieve
Server 1	P. Moffat	S. Williams
Server 2	L. Hickey	A. Turner-Sommer
Wine Cups	D. Bold	J. Stevens
Counting	M. Morrison	J. Lockhart

Please Note: A summer schedule has been emailed. There are a few printed copies available in the office. Thanks to all of you who update the master copy in the office – very helpful for me!