

**This Week at Inca**



**Welcome Back Sunday, September 11**

Bring your backpacks, your device or any symbol that speaks to you of kicking off another 'new year'! We really hope you can join us for this celebration of time together. We will be having a time of hospitality following. See you on the 11th!

**More details to follow**



**Corporation Meeting**

Wednesday, August 31

Please bring and issues or ideas to one of the Warden's attention. Thanks for your input!

**Rental Activity**

September is just around the corner and that means activity around the church starts to increase with some of our long-standing renters returning for their winter programs. We try to give all our renters as much privacy as we can so they can hold their meetings, worship, practices and rehearsals in peace. Please check with the office before you book a meeting time, or need to do work around the premises.



**Family Update!**

Family is doing well and appreciates all the support and prayers.

Interested in helping the family? If you are able, you may consider signing up to provide a meal. Details are on the meal train website <https://mealtrain.com/y61nk1>

**Baby Shower**

We'll be arranging a baby shower on Sunday, September 25 from noon to 2pm. Girls only (sorry boys). You can sign up [using this link](#).



**Infinitely More in concert!**

Sunday, August 28 7:00 at the Church of the Incarnation.

A free-will donation at the concert will be in support of World Vision Child Sponsorship.

<http://www.infinitelymore.ca/>

Husband and wife duo, Allison Lynn and Gerald Flemming, offer a fusion of folk, pop, jazz, hymns and worship that soothes the heart and ignites the soul. Their original songs and fresh interpretations of the classics will encourage and inspire both the seeker and the lifelong Christian.



**Free Yoga – Tuesday 7pm, ending August 23**

Join us for FREE restorative Yoga classes in our new Meditation Garden.

Excellent for all levels including beginners. Our instructors, from The Clarity Centre, will help you release your stresses. Mats will be available, or bring your own. A wonderful opportunity to explore our grounds, nurture your spirit and commune with nature.



**International Overdose Awareness Day – Wednesday, August 31, 7:30-9Pm**

International Overdose Awareness Day (IOAD) is a global event held on August 31st each year and aims to **raise awareness** of overdose and reduce the stigma of a drug-related death. It also acknowledges the grief felt by families and friends **remembering** those who have met with death or permanent injury as a result of drug overdose.

Please join R4R as they host a candlelight vigil at Oakville Town Square, Lakeshore Rd.



**Movie under the stars – Wednesday, August 24 at 8:30pm**

You're invited you to come to our beautiful grounds. Bring a lawn chair, picnic blanket and your friends and family. We'll be showing *Toy Story* and hope you can join us. Free popcorn!



### Story Time in the Garden

MONDAYS August 8<sup>TH</sup>-29<sup>TH</sup> at 10am

Join Mervyn as he reads a different children's story every week!



### Abbeyview BBQ –Thursdays 5:30-7pm, through to September 1st

Thank you to all those who have been working hard at making this a success! Please contact Susan Curran for more details.



### Storytelling –A Woman's Journey Mondays, 12:30-2:00 pm

Join Karen Pitt as she provides an opportunity for women to speak, listen, support and share your life's journey. For more information, contact Karen at [karpitt@gmail.com](mailto:karpitt@gmail.com)

September 12, join MP Pam Damoff as she shares her story!

Taste of Columbia, El Salon located at 67 Bronte Road, unit 2



### Christmas Market – Saturday November 19th

Committee meeting: [September 12, 7:00 pm](#)

The date has been set, the hard work and planning has begun! We'll be looking for donations to our Trinkets and Treasures table, craft table, baked goods and more! Stay tuned.

Also looking for donations to our Silent Auction table! Tickets, gift certificates, gift baskets – all donations welcome.



### The Ian Grieve Memorial Croquet Tournament

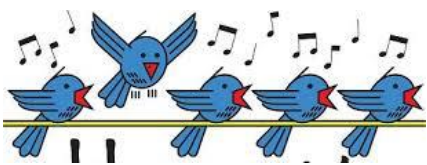
*Date has been moved to Saturday, September 10.* Hosted by Alan and Winkie Macdougall beginning at 4 pm.

Sign-up sheets in the narthex.



### Contemplative Fire – returns next weekend, Sunday, August 21.

Are you looking for time to reflect, meditate and recharge your spiritual life? Each meeting begins with a communal sharing of food followed by quiet and intentional reflection in the gathering area. The response to this has been very encouraging. We continue to see new faces at each meeting and look forward to growing this community. For more information, please speak to Michael. All are welcome.



### Music News

Share your voice - the choir begins rehearsing for another year of joyful music. Anyone who enjoys singing is welcome.

Rehearsals begin Wednesday, September 7 at 7:30pm



### Wing and a Prayer –Wednesday, August 24

Please note: We will return to the fourth Thursday in September.

We meet at 6:30pm at Monaghan's. Cost: \$25 per person including food and drink. RSVP Rob Moniuk ([Robert@Moniuk.ca](mailto:Robert@Moniuk.ca)). Everyone is welcome!



### Youth Group Events-

For info contact Phil Carver at [incayouthprogram@gmail.com](mailto:incayouthprogram@gmail.com)

## Community News



**Annual Bishop's Company Dinner**  
**Save the date:** Monday, October 17, 2016  
**Venue:** Michelangelo's Event and Conference Centre  
 1555 Upper Ottawa Street, Hamilton  
**Guest Speaker:** Rex Murphy, a regular commentator on CBC's *The National*.

Anyone passionate about supporting Bishop Michael's pastoral ministry is invited to join the Bishop's Company by completing an [online registration form](#). Existing members can also renew their membership online. Learn more about [The Bishop's Company here](#).



### Anglican Church of Canada

Read all about the recent General Synod, a statement from Archbishop Hiltz, and more.  
[Read the newsletter online](#)

## This & That



**Buy Good Coffee – Available in the office**  
 Delicious, organic, Arabica coffee grown by women in Peru who are paid above fair trade prices. \$15 for a 1lb bag, \$10 for a 10oz bag.  
 Remember, 30% of the proceeds will be donated to the missions of Incarnation.



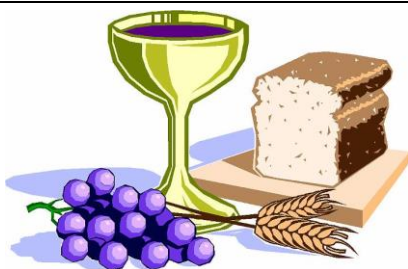
### Community Garden News

Have you stopped by to see how the plants are growing? The vegetables are being harvested and will be used in our Community Kitchen cooking programs!



### Looking to volunteer?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain some volunteer high school hours. Training will be provided. Contact Claudine Boulert, at [boulert@rogers.com](mailto:boulert@rogers.com) for more information, or call 905-825-2851.



### Receiving Communion

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where all are welcome.

## VOLUNTEER SCHEDULE

	August 21	August 28
<b>Bread Making</b>	B. Gowing	C. Surphlis
<b>Altar Prep</b>	Ann MacNaughton	L. Bird
<b>Coffee</b>	A. Turner-Sommer	B. Saunders
<b>Coffee</b>	J. Vanderwater	J. Lockhart
<b>Host</b>	J. Smith	E. Lee
<b>Reader 1</b>	M. Russell	D. Lusby
<b>Gospel</b>	B. Hanna-Morrison	K. Pitt
<b>Prayers</b>	K. Pitt	C. Boulert
<b>Server 1</b>	W. Burk	B. Hanna-morrison
<b>Server 2</b>	T. Burk	P. Moffat
<b>Wine Cups</b>	C. Boulert	Z. Boulert
<b>Counting</b>	M. Morrison	Winkie Macdougall

**Please Note:** If you need to adjust the schedule, please write the change on the master copy pinned to the bulletin board