

A Two-way Blessing



I am usually a light packer, but that means starting to pack days before the trip, lots of planning, and taking things out as I realize I can get along without them. If I'm flying, I limit myself to one bag and a tote for my laptop and camera. Even so, some of the things that usually make the final cut for a 10-day trip are one jacket (you never know when it might rain or turn chilly), one sweater, two pairs of pants, one dress, three or four shirts, toiletries in tiny bottles, soap for washing out clothes each night.

After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, "The harvest is plentiful, but the laborers are few; therefore, ask the Lord of the harvest to send out laborers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the laborer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' [From Luke 10]

Jesus wants the seventy to take far less, as in nothing—no money, no anything—just what they happen to be wearing. They are to be dependent on the kindness of strangers. Hmmm. My control issues are a little strong for that. I'd probably at least stuff some underwear and shampoo into my pockets and hope he wouldn't notice.

These followers are sent out as lambs among wolves; they will find out just who their friends are. Their friends are the ones who will welcome them, whether they are known to each other or not.

The disciples are to enter a home and declare peace to those who inhabit it. And even though in ancient Palestine hospitality is highly valued, not everyone will welcome those who bring peace. There are some homes and some communities in which peace is spurned because it may mean giving up power over others or may be perceived as weakness. If the residents are not willing to hear the words of peace, then the disciples will move on to some other place where peace is welcomed.

Jesus tells the seventy to receive whatever hospitality is offered. That's odd. We expect to be told to *share* hospitality, not to receive it. How happy we are when someone thanks us for a nice meal or is grateful to have a place to stay. When the worshiping community extends hospitality to the stranger, the person on the margins, the immigrant, that community finds itself warmed and renewed by the act of giving.

And yet, receiving is also a gift to oneself and to the giver. Some of the most memorable travel moments I've ever experienced happened in some of the poorest places, when my friends and I were offered a simple meal of homemade tortillas, bananas and papayas picked from village trees, and ice cold Coke bought from the local tienda.

Thousands of miles from home, we were served a meal that transcended language and culture with its hospitality and welcome. It was more than we could have asked or expected, and it made us feel at home.

Jesus knew what he was doing when he sent out the seventy in twos. We don't have to go to a foreign country to be on the journey together. We share memories and adventures. Sometimes we remember the wolves, and can laugh together at the ones who were mean but not really dangerous. We encourage each other to watch out for the truly alarming. But mostly, we talk about those lovely situations where we were given incredible hospitality, where we were welcomed. Sometimes it is hard for us to accept those gifts of hospitality, for we have been trained to give rather than to receive. But Jesus wanted the seventy to know the joy of receiving.

This Week at Inca



New Canadian Family -

We are very excited to welcome them to their new home. Thanks to all the volunteers and those of you who made donations - their apartment is now fully furnished and they are settling in and are very comfortable

Please continue to pray for them as they adjust to their new surroundings.



July Worship at St. Aidan

A reminder that during the month of July, we'll be joining our friends and worshipping at St. Aidan's church, 318 Queen Mary Drive. We welcome them to Incarnation in August!

Summer Activity at INCA

The office remains open during July and August, but please call ahead! Michael can be reached for emergencies as needed.

Canadian Open July 18-24

A reminder the parking lot will be unavailable during the Canadian Open



Free Yoga –Tuesdays 7pm Starting July 5

Join us for FREE restorative Yoga classes in our new Meditation Garden.

Excellent for all levels including beginners. Our instructors, from The Clarity Centre, will help you release your stresses. Mats will be available, or bring your own. A wonderful opportunity to explore our grounds, nurture your spirit and commune with nature.



Movie under the stars–Thursdays July 14 at 8:30pm

We're excited to announce "Movies under the Stars".

You're invited you to come to our beautiful grounds. Bring a lawn chair, picnic blanket and your friends and family. We'll be showing a family movie (tbd) and hope you can join us.



Abbeyview BBQ –Thursdays 5:30-7pm Starting July 7

We're looking for a number of people to help as we host a weekly bbq for our Friends at Abbeyview. Please fill in an application form, available in the office. Please contact Susan Curran for more details.



The Ian Grieve Memorial Croquet Tournament - **POSTPONED**

Date has been moved to Saturday, September 10.

Hosted by Alan and Winkie Macdougall beginning at 4 pm.

Sign-up sheets in the narthex.



Contemplative Fire – returns in September.

Are you looking for time to reflect, meditate and recharge your spiritual life? Each meeting begins with a communal sharing of food followed by quiet and intentional reflection in the gathering area. The response to this has been very encouraging. We continue to see new faces at each meeting and look forward to growing this community. For more information, please speak to Michael. All are welcome.



Music News

Choir rehearsals will resume in September – enjoy your summer!



Wing and a Prayer – July 27

Please note: In July and August we will move to the fourth Wednesday of each month.

We meet at 6:30pm at Monaghan's. Cost: \$25 per person including food and drink. RSVP Rob Moniuk (Robert@Moniuk.ca).

Everyone is welcome!



Youth Group Events-

For info contact Phil Carver at incayouthprogram@gmail.com



St. Luke's Vacation Bible School

August 22nd – 26th at St. Luke's Church

For children in JK through to Grade 5, as of September 2016

Meet new people and have fun while learning about the Christian faith. Application forms are available in the office.

Community News



Follow the General Synod

The 41st [General Synod of the Anglican Church of Canada](#) will take place this July in the Diocese of Toronto. The national governing body of our Church, General Synod meets every three years. This year's theme is "You Are My Witnesses" which comes from Isaiah 43:10.

The Bishop invites your prayers for the members of General Synod and encourages you to follow the presentations, debates, worship and conversations that will happen, perhaps even through the [new online app](#) developed for the Synod!



Christ's Church Cathedral 2nd Annual Garden Tour

Sunday, July 24, 11am-4pm

Featuring 10 local gardens, \$10 admission.

Reception 3-4pm at 252 James Street North

For tickets call: 905-527-1316 ex 240



Garden Tour Thursday, 21 July 2016 from 7:00 PM to 9:30 PM

Greening Sacred Spaces Halton Peel will be visiting St. Jude's Anglican Church, Knox Presbyterian Church and St. John's United Church. A representative from each faith community will provide a guided tour of their gardens. We will learn about garden maintenance, the history of their garden and their church as well as have an opportunity to network with other like-minded individuals who are passionate about their faith and the environment.

[More details here](#)

This & That



Buy Good Coffee – Available in the office

Delicious, organic, Arabica coffee grown by women in Peru who are paid above fair trade prices. \$15 for a 1lb bag, \$10 for a 10oz bag.

Remember, 30% of the proceeds will be donated to the missions of Incarnation.



Community Garden News

The R4R Youth group along with the INCA Youth Group will continue construction of the expanded Community Garden t

Look here for updates and watch their progress as they find wellness through community involvement.



Computer Collection

Do you have an old PC you no longer use? Please consider donating it to Ewan Lorimer who will strip the bad parts and sell the good ones. He'll donate 25% of his profits to the church. Ewan can also rebuild old PC's so they run better.



Looking to volunteer?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain some volunteer high school hours. Training will be provided. Contact Claudine Boulert, at boulert@rogers.com for more information, or call 905-825-2851.



Our recycling efforts!

Thank you to all our hard-working volunteers who prepare the coffee and help with the set-up and clean-up of our premises. We have some new helpers and we thought it was time for a reminder about what to do with the garbage after each event

- All recycling needs to be emptied after each coffee hour or other event. The large blue recycling bins are located at the back door. Please dump all recycling into the larger bins before leaving the church.
- Green bin liners are located in one of the 3 stacked multi-coloured baskets in the kitchen on the counter by the small sink.
- Please place the green bin outside the back door at the end of coffee hour or any other event. No green bins are to be left in the kitchen after coffee hour



Changes to Order of Service or Bulletin News - Any changes need to be sent to the office by Tuesday, noon. office@incarnationchurch.ca

Nametags let people know who you are and make it helpful for people to put names to faces, especially for newcomers



Receiving Communion

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where all are welcome.

VOLUNTEER SCHEDULE

Bread Making		
Altar Prep		
Coffee		
Coffee		
Host		
Reader 1		
Gospel		
Prayers		
Server 1		
Server 2		
Wine Cups		
Counting		

Please Note: If you need to adjust the schedule, please write the change on the master copy pinned to the bulletin board