



What is National Aboriginal Day?

On June 21 National Aboriginal Day is celebrating 20 years of strong vibrant cultures and traditions. This is a day for all Canadians to recognize and celebrate the unique heritage, diverse cultures and outstanding contributions of First Nations, Inuit and Métis peoples. The Canadian Constitution recognizes these three groups as Aboriginal peoples, also known as Indigenous Peoples. Although these groups share many similarities, they each have their own distinct heritage, language, cultural practices and spiritual beliefs.

In cooperation with Indigenous organizations, the Government of Canada chose June 21, the summer solstice, for National Aboriginal Day. For generations, many Indigenous Peoples and communities have celebrated their culture and heritage on or near this day due to the significance of the summer solstice as the longest day of the year.

What led to the creation of National Aboriginal Day?

National Aboriginal Day was announced in 1996 by then Governor General of Canada, Roméo LeBlanc, through the Proclamation Declaring June 21 of Each Year as National Aboriginal Day. National Aboriginal Day was the result of consultations and statements of support for such a day made by various Indigenous groups.

- in 1995, the Sacred Assembly, a national conference of Indigenous and non-Indigenous people chaired by Elijah Harper, called for a national holiday to celebrate the contributions of Indigenous Peoples
- also in 1995, the Royal Commission on Aboriginal Peoples recommended the designation of a National First Peoples Day
- in 1982, the National Indian Brotherhood (now the Assembly of First Nations) called for the creation of National Aboriginal Solidarity Day

On Sunday we will be acknowledging this important day in Canada.

This Week at Inca



New Canadian Family - Come and meet them on Sunday

Our family of 4 are coming to meet our community this Sunday; Samer, Nidaa, Mahmoud and Salam are very happy and deeply grateful. Please come out and greet them!

We are very excited to welcome them to their new home. Thanks to all the volunteers and those of you who made donations - their apartment is now fully furnished and they are settling in and are very comfortable. **They will be coming to Inca on the 19th** to meet everyone so come and meet them personally

Please pray for them as they adjust to their new surroundings.



Special Worship Sunday –Celebrating and Saying Good Bye- June 26 10 am

We are saying good bye to 3 Inca families who are moving out of town; the Birchall's, the Luce's and the Maloney's. These families have been an important part of this community for a very long time and we want to send them on their way with our thanks and blessings. Come and be part of this important day!

Summer Activity at INCA

A reminder that during the month of July, we'll be joining our friends and worshipping at St. Aidan's church. We welcome them to Incarnation in August!



Abbeyview BBQ –Thursdays 5:30-7pm Starting July 7

We're looking for a number of people to help as we host a weekly bbq for our Friends at Abbeyview. Please fill in an application form, available in the office. Please contact Susan Curran for more details.



The Ian Grieve Memorial Croquet Tournament - Saturday, July 16

Hosted by Alan and Winkie Macdougall on July 16th beginning at 4 pm.

Sign-up sheets in the narthex.



Contemplative Fire – Sunday, June 19, 8:00pm.

Are you looking for time to reflect, meditate and recharge your spiritual life? Each meeting begins with a communal sharing of food followed by quiet and intentional reflection in the gathering area. The response to this has been very encouraging. We continue to see new faces at each meeting and look forward to growing this community. For more information, please speak to Michael. All are welcome.



Music News

On Sunday, June 26 we welcome two young singers from St. Michael's Choir School to present special music during our morning service.

Choir rehearsals will resume in September – enjoy your summer!



Wing and a Prayer –June 23

We meet at 6:30pm at Monaghan's. Cost: \$25 per person including food and drink. RSVP Rob Moniuk (Robert@Moniuk.ca).

Everyone is welcome!



Youth Group Events-

For info contact Phil Carver at incayouthprogram@gmail.com



St. Luke's Vacation Bible School

August 22nd – 26th at St. Luke's Church

For children in JK through to Grade 5, as of September 2016

Meet new people and have fun while learning about the Christian faith. Application forms are available in the office.

Community News



Mind, Body & Spirit: Garden Tour hosted by Greening Sacred Spaces

Tuesday, June 21 7pm Riverwood Conservancy, Mississauga

FREE. Featuring a hands-on workshop and two presentations on the spirituality and environmental aspects to gardening. Tour their breathtaking gardens to allow everyone to relax, rejuvenate and connect to nature

[More details here](#)

Greening Sacred Spaces



Garden Tour presented by St. Luke's Burlington

Sunday, June 26 10am-5pm

Visit 5 local gardens, then enjoy afternoon tea in St. Luke's Parish Hall. Money raised helps food banks, PWRDF, and others initiatives. Tickets are \$25 – call Veronica at 905-637-6342 for more details.



Christ's Church Cathedral 2nd Annual Garden Tour

Sunday, July 24, 11am-4pm

Featuring 10 local gardens, \$10 admission. Reception 3-4pm at 252 James Street North

For tickets call: 905-527-1316 ex 240

This & That



Buy Good Coffee – Available in the office

Delicious, organic, Arabica coffee grown by women in Peru who are paid above fair trade prices. \$15 for a 1lb bag, \$10 for a 10oz bag.

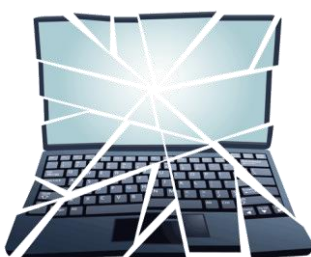
Remember, 30% of the proceeds will be donated to the missions of Incarnation.



Community Garden News

The R4R Youth group along with the INCA Youth Group will continue construction of the expanded Community Garden t

Look here for updates and watch their progress as they find wellness through community involvement.



Computer Collection

Do you have an old PC you no longer use? Please consider donating it to Ewan Lorimer who will strip the bad parts and sell the good ones. He'll donate 25% of his profits to the church. Ewan can also rebuild old PC's so they run better.



Looking to volunteer?

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation. **Youth** can gain some volunteer high school hours. Training will be provided. Contact Claudine Boulert, at boulert@rogers.com for more information, or call 905-825-2851.



Our recycling efforts!

Thank you to all our hard-working volunteers who prepare the coffee and help with the set-up and clean-up of our premises. We have some new helpers and we thought it was time for a reminder about what to do with the garbage after each event

- All recycling needs to be emptied after each coffee hour or other event. The large blue recycling bins are located at the back door. Please dump all recycling into the larger bins before leaving the church.
- Green bin liners are located in one of the 3 stacked multi-coloured baskets in the kitchen on the counter by the small sink.
- Please place the green bin outside the back door at the end of coffee hour or any other event. No green bins are to be left in the kitchen after coffee hour



Changes to Order of Service or Bulletin News - Any changes need to be sent to the office by Tuesday, noon. office@incarnationchurch.ca

Nametags let people know who you are and make it helpful for people to put names to faces, especially for newcomers



Receiving Communion

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where all are welcome.

VOLUNTEER SCHEDULE

	June 19	June 26
Bread Making	A. Moniuk	C. Surphlis
Altar Prep	M. Stevens	A. MacNaughton
Coffee	J. Vanderwater	L. MacLaughlan
Coffee	P. Russell	P. Moffat
Host	J. Smith	S. Hutchinson
Reader 1	V. Moniuk	J. Bowden
Gospel	J. Grieve	K. Pitt
Prayers	S. Curran	D. Wieler
Server 1	K. Pitt	W. Burk
Server 2	J. Stevens	T. Burk
Wine Cups	Z. Boulert	E. Lorimer
Counting	J. Lockhart	W. Macdougall

Please Note: If you need to adjust the schedule, please write the change on the master copy pinned to the bulletin board