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## This Week at Inca

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[Click here to learn more about Lent Event](#)

With Ash Wednesday just past, the season of Lent is now upon us. Through this six-week season, Incarnation will be participating in something that is referred to as **the Lent Event**. This is a season that we are invited to **Reflect, Connect, and Act**- our theme for the Lenten Season. This Sunday we welcome Douglas Gowing who will be speaking to us of his 3 month experience overseas last year and how it has called him the *reflect, connect and act* differently in his life.

In Jesus' forty days in the wilderness, without earthly comfort, he found sustenance in his relationship with God.

As such our Lent Event is 40 days to help us explore ways to:

- live more simply,
- reflect on our faith
- and support people struggling to free themselves from poverty and injustice.

Similarly, we are invited to participate in an expression of God's mercy and grace by giving up something we can do without. To accompany us on the journey, Lent Event offers a new **GUIDE TO LIVING LENT** plus a full range of resources to provide spiritual enrichment. These include a bible study, written daily prayers, worship resources for Sunday services and children's activities. All are available free on [www.lentevent.com](http://www.lentevent.com) where you can also subscribe to the Lent Event Daily Prayers. You can also get the prayers delivered each day to your phone by downloading the Lent Event app.



**Welcome!**

### Syrian Refugee Family

Inca is excited to announce we have been matched with a Syrian family living in Turkey. We expect to welcome a 27-year old mom, a 3-year old boy and a 20-month old girl within the next two months. If you would like to make donations to this family, that would be greatly appreciated. Gently used household items, clothing and children's things (toys, books, stroller, car seats) will be collected each Sunday. We do not know sizes at this time. Please donate clothing in a size that is your best guess. Any donations in excess of what our family needs will be donated to another charity in our community.

If you have furniture to donate, please contact Mary Loeffler (905) 825-0982. She can pick up in her minivan and will be storing all furniture in her basement until we need it.

These items will be collected each Sunday by the following people:

Household items - Lesley Hickey

Clothing - Jean Grieve and Judy Vanderwater

Toys, books, car seats (forward facing and booster type) - Lynne Jenkins



### Choir Practice -

The choir rehearses every Wednesday at 7:30. Share your voice, all welcome. Rehearsals for Easter begin this week, 7:30-8:30 PM.

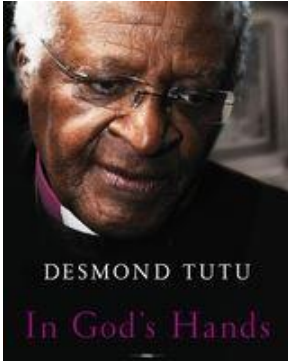


### Wing and a Prayer - Thursday, February 24, 2016!

We meet at 6:30pm at Monaghan's. Cost: \$25 per person including food and drink. RSVP Rob Moniuk ([Robert@Moniuk.ca](mailto:Robert@Moniuk.ca)).

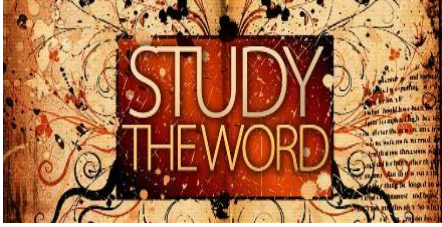
Everyone is welcome!

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### In God's Hands by Desmond Tutu – book study

Tuesday February 16, 11-12:30, for 6 weeks  
Archbishop Tutu has produced a meditation on the infinite love of God and the infinite value of the human individual. Not only are we in God's hands, he says, our names are engraved on his palms. Led by Karen Pitt and Michael.



### Lenten Bible Study –begins Thursday February 18<sup>th</sup>

Four weeks, 1:30-3:00pm in the chapel. The focus will be the arrest, trial and execution of Jesus, chapters 18 and 19 of St. John's Gospel. Anyone and everyone is invited. No previous knowledge of the bible is required. To obtain a study guide, or to find out more, contact Mervyn Russell at [mervicia@gmail.com](mailto:mervicia@gmail.com)



### Contemplative Fire – Sunday, February 21, 8:00pm.

Are you looking for time to reflect, meditate and recharge your spiritual life? Each meeting begins with a communal sharing of food followed by quiet and intentional reflection in the gathering area. The response to this has been very encouraging. We continue to see new faces at each meeting and look forward to growing this community.

For more information, please speak to Michael. All are welcome.

### LOVE LIVES



### Love Lives: A Refugee Sponsorship Concert

Saturday, February 27, 7:p.m., Church of the Incarnation

The love lives of several great composers will be celebrated in song featuring solo performances by Charlene Pauls, soprano and Norine Burgess, mezzo-soprano, with special guest Mervyn Russell and the Oakville Children's Choir. Tickets are \$30 available at the door. Advanced tickets will be available after the 10pm service for \$25. Cash bar.



### Go for the Gold –Fundraising event for Incarnation

Thursday, March 10, 2-4pm and Saturday, March 19 3-5 in the Worship area

Gather up your broken and unwanted gold items, coins, paper money. Items will be appraised on the spot, and you can choose to donate the cash to the Church's Mission fund and receive a tax receipt for the appraised value once the items have been sold. More details to come!



### Youth Group Events-

Next Meeting: Sunday, February 21, after the 10:00 service.

For info contact Phil Carver at [incayouthprogram@gmail.com](mailto:incayouthprogram@gmail.com)

## Community News



### Valentine Open Mic Night ♡!

Saturday, February 13<sup>th</sup>, 7-10pm

Resiliency 4 Recovery is hosting an Open Mic Karaoke Night at Incarnation. Tickets are \$10 and half the proceeds will be donated to our refugee efforts.

Great response so far – don't be shy!



february 20, 2016

### St. Mathew's House – The Coldest Night of the Year Walk, Saturday, February 20,

St. Matthew's House is hosting the national walk for the homeless and hungry in downtown Hamilton. This year St. Matthew's House is partnering with Mission Services of Hamilton. Donations collected for the walk will support both organizations equally. At St. Matthew's House, the proceeds will be used to support the work done at their two food banks.  
Contact Genevieve Wong 905-523-5546 x 227 or [gwong@stmatthewshouse.ca](mailto:gwong@stmatthewshouse.ca).





**Halton Green Screens at FILM.CA cinemas**  
**7pm, second Thursday of the month**

Mar 10 - *Bottled Life* - the truth about Nestle's business with water

**This & That**



**Looking to volunteer?**

We have lots of way you can get involved. Positions include: altar prep, greeters, readers, hosts and coffee preparation.

Youth can gain some volunteer high school hours. Training will be provided. Contact Claudine Boulert, at [boulert@rogers.com](mailto:boulert@rogers.com) for more information, or call 905-825-2851.



**Changes to Order of Service or Bulletin News** - Any changes need to be sent to the office by Tuesday, noon. [office@incarnationchurch.ca](mailto:office@incarnationchurch.ca)

**Nametags** let people know who you are and make it helpful for people to put names to faces, especially for newcomers

**NEW ENVELOPES** - we're implementing a new weekly donation envelope system. Those currently using envelopes will be contacted in the next few weeks about making the switch. If you're ready for a new set, contact Margot at [office@incarnationchurch.ca](mailto:office@incarnationchurch.ca). Have you considered pre-authorized payments? A safe convenient way to ensure the church has consistent funding. See office for more details if you'd like to sign up



**Receiving Communion**

All people at Incarnation are invited to receive the bread and wine at communion. The bread is received from the priest who stands between the servers who offer wine from the common cup; choose whatever side is free. You may choose to receive from an individual wine cups available to the left of the altar. Take one, consume the wine and replace the empty cup in the same spot. We hope this provides an inclusive approach to communion where .....ALL are welcome.

VOLUNTEER!	February 14	February 21
Bread Making	A. Moniuk	L. Hickey
Altar Prep	A. MacNaughton	M. Stevens
Coffee	Moffat	Turner-Sommer
Coffee	Stevens	Vanderwater
Host	S. Hutchinson	J. Smith
Reader 1	E. Lee	J. Lockhart
Gospel	M. Russell	W. MacDougall
Prayers	D. Wieler	J. Grieve
Server 1	K. Pitt	L. Hickey
Server 2	A. Turner-Sommer	B. Hanna-Morrison
Wine Cups	E. Lorimer	C. Boulert
Counting	G. Hughes	J. Raitt